

Notification Date: March 26<sup>th</sup>, 2021 Effective Date: April 29<sup>th</sup>, 2021

# **Chromium Occupational Exposure, Random, Urine**

Test ID: CRUO

#### **Useful for:**

Screening for occupational exposure

### **Methods:**

CROM1: Dynamic Reaction Cell-Inductively Coupled Plasma-Mass Spectrometry (DRC-ICP-MS)

CRETR: Enzymatic Colorimetric Assay

#### **Reference Values:**

0-17 years: not established

> or =18 years: The American Conference of Governmental Industrial Hygienists (ACGIH) Biological Exposure Index (BEI) for daily occupational exposure to hexavalent chromium in urine is an increase of >9.9 mcg/L between pre-shift and post-shift urine collections. The ACGIH BEI for long- and short-term hexavalent chromium in urine is an end-of-shift concentration of >24.9 mcg/L at the end of the work week.

#### **Specimen Requirements:**

Container/Tube: Clean, plastic urine collection container Urine Tubes, 5 mL

**Preferred:** Aliquot Tube, 5mL (T465)

Acceptable: Plastic, 5-mL urine tube or clean, plastic aliquot container with no metal cap or

glued insert

Specimen Volume: 3 mL

**Collection Instructions:** 1. Collect a random urine specimen.

2. See Trace Metals Analysis Specimen Collection and Transport in Special

Instructions for complete instructions.

Minimum Volume: 2 mL

# Note:

Follow the Metals aliquoting procedure - pour do NOT pipette

# **Specimen Stability Information:**

Specimen Type	Temperature	Time
Urine	Refrigerated (preferred)	28 days
	Ambient	14 days
	Frozen	28 days

# **Cautions:**

Normal specimens have extremely low levels of creatinine; elevated results could easily be a result of external contamination. Precautions must be taken to ensure the specimen is not contaminated. Metal-free urine collection procedures must be followed. Refrigeration is preferred over chemical methods of preservation.

# **CPT Code:**

82495

82570

Day(s) Setup: Monday, Wednesday, Friday, 5 pm. Analytic Time: 1 day

#### Questions

Contact Rebekah Knauer, Laboratory Technologist Resource Coordinator at 800-533-1710.