

## Hereditary Sensory and Autonomic Neuropathy, Type I, Serum

**Test ID:** HSAN1

### Useful for:

Diagnosis of patients with clinical features suggestive of hereditary sensory and autonomic neuropathy, type I caused by variants in *SPTLC1* and *SPTLC2*

Monitoring of patients with hereditary sensory and autonomic neuropathy, type I caused by variants in *SPTLC1* and *SPTLC2*

### Genetics Information:

Deoxysphingolipids (dSLs) are elevated in patients with hereditary sensory and autonomic neuropathy type I (HSAN1) due to variants in *SPTLC1* and *SPTLC2*, and are useful to support a diagnosis of HSN1.

Elevations in dSLs may also be seen in patients with other disorders including type 2 diabetes, metabolic syndrome, mitochondrial disease, glycogen storage disease type I, and possibly disorders of serine biosynthesis.

Additional testing is required to determine the specific cause of elevated dSLs.

### Methods:

Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS)

### Reference Values:

Sphinganine: < or =18.0 ng/mL

1-deoxysphinganine: < or =0.25 ng/mL

1-deoxymethylsphinganine: < or =0.04 ng/mL

Sphingosine: < or =80.0 ng/mL

1-deoxysphingosine: < or =0.05 ng/mL

1-deoxymethylsphingosine: < or =0.09 ng/mL

## Specimen Requirements:

**Patient Preparation:** Fasting 8 hours

### Collection Container/Tube:

**Preferred:** Serum gel

**Acceptable:** Red top

**Submission Container/Tube:** Plastic Vial

**Specimen Volume:** 1 mL

**Minimum Volume:** 0.5 mL

## Specimen Stability Information:

Specimen Type	Temperature	Time
Serum	Frozen (preferred)	90 days
	Refrigerate	24 hours

## Cautions:

This assay is not intended to but may detect neuropathies other than hereditary sensory and autonomic neuropathy, type I.

## CPT Code:

82542

**Day(s) Setup:** Varies

**Analytic Time:** Varies

## Questions

Contact Melissa Tricker-Klar, Laboratory Technologist Resource Coordinator at 800-533-1710.