

Adiponectin

Explanation: The following new orderable, referred to ARUP Laboratories, will be available immediately.

Test ID: FADIO

Methods:

Quantitative Enzyme-Linked Immunosorbent Assay (ELISA)

Reference Values:

Interpretive Information Adiponectin:

Body Mass Index	Males	Females
	(mcg/mL)	(mcg/mL)
Less than 25 kg/m ²	4-26	5-37
25-30 kg/m ²	4-20	5-28
Greater than 30 kg/m ²	2-20	4-22

Specimen Requirements:

Container/Tube: Red Top-tube

Preferred: Red Top-tube

Acceptable: Serum gel tube

Specimen Volume: 0.5 mL

Collection Instructions: Draw blood in a plain red-top tube(s), serum gel tube(s) is acceptable. Spin down and send 0.5 mL of serum refrigerated in a plastic vial.

Note: Overnight fasting is required.

Minimum Volume: 0.5 mL

Specimen Stability Information:

Specimen Type	Temperature	Time
Serum	Refrigerated (preferred)	7 days
	Frozen	30 days

Fee:
\$235.00

CPT Code:
83520

Day(s) Setup: Wednesday **Analytic Time:** 1-8 days

Note:

The following referral test code(s) will become obsolete.

Test Name	Test ID	Referral Lab Code	Referral Lab
Adiponectin	FADIP	15060X	Quest Diagnostics Nichols Institute

Questions:

Contact MCL Referrals Supervisor Amy Bluhm at 800-533-1710.