

Notification Date: October 23, 2020 Effective Date: October 30, 2020

IGF Binding Protein-1 (IGFBP-1)

Test ID: FIGBP

Explanation: Effective October 30, 2020, test ID FIGBP referred to Esoterix Endocrinology will be obsolete.

Recommended Alternative Test:

Insulin-like Growth Factor-binding Protein-1 (IGFBP-1)

Test ID: FGBP1

Methodology:

Immunochemiluminometric Assay (ICMA)

Reference Values:

Age	Range (ng/mL)	
	Fasting	Random
Prepubertal	30-1000	10-500
Pubertal	20-200	20-100
Adults	10-150	0-40

Specimen Requirements:

Container/Tube: 5 mL Red

Acceptable: SST

Specimen Volume: 0.5 mL

Collection Instructions: Draw blood in a plain red-top tube(s), serum gel tube is acceptable. Spin down

and send 0.5 mL of serum frozen in a plastic vial.

Minimum Volume: 0.1 mL (Note: Minimum volume does not allow for repeat analysis)

Specimen Stability Information:

Specimen Type	Temperature Time	
Serum	Frozen (Preferred)	
	Refrigerate	48 hours

Fee: \$97.00 **CPT Code:** 83520

Day(s) Setup: Monday, Thursday Analytic Time: 6-12 days

Questions:

Contact MCL Referrals Supervisor Amy Bluhm at 800-533-1710.