

### **NEW TEST ANNOUNCEMENT**

**NOTIFICATION DATE:** March 18, 2011 **EFFECTIVE DATE:** March 21, 2011

# DIABETES MELLITUS TYPE 1 EVALUATION #60480

#### **USEFUL FOR:**

- Providing greater test sensitivity for diabetes type 1 through combined testing of islet cell antibodies
- Clinical distinction of type 1 from type 2 diabetes mellitus
- Identification of individuals at risk of type 1 diabetes (including high-risk relatives of patients with diabetes)
- Prediction of future need for insulin treatment in adult-onset diabetic patients

#### **PROFILE INFORMATION:**

<b>Unit Code</b>	<b>Reporting Name</b>	<b>Available Separately</b>	<b>Always Performed</b>
81596	GAD65 Ab Assay, S	Yes	Yes
8666	Insulin Abs, S	Yes	Yes
89588	IA-2 Ab, S	Yes	Yes

**METHODOLOGY**: Radioimmunoprecipitation

#### **REFERENCE VALUES:**

GAD65 antibody < or =0.02 nmol/L Insulin antibody < or =0.02 nmol/L IA-2 antibody < or =0.02 nmol/L

## SPECIMEN REQUIREMENTS:

**Specimen Type:** Serum

Container/Tube: Plain, red-top tube or serum gel tube

Specimen Volume: 4 mL

**CAUTIONS:** Negative results do not exclude the diagnosis of or future risk for type 1 diabetes mellitus. The risk of developing type 1 diabetes may be stratified further by testing for: zinc transporter 8 (ZnT8) and 2) HLA genetic markers. Careful monitoring of hyperglycemia is the mainstay of determining the requirement for insulin therapy.

**NOTE:** Test 91632 – Diabetes Autoimmune Test Group to Esoterix will become obsolete on April 21, 2011.

**LIST FEE:** \$655.70

#### **CPT CODE**:

86341 x 2 -Islet cell antibody 86337- Insulin antibodies

ANALYTIC TIME: 7 days DAY(s) SET-UP: Varies.

QUESTIONS: Contact your Mayo Medical Laboratories' Regional Manager or Steven Monson, MML Laboratory Technologist Resource Coordinator Telephone: 800-533-1710