

Reporting Title: Ascorbic Acid, P
Performing Location: Rochester

Shipping Instructions:
Ship specimen frozen on dry ice in amber vial to protect from light.

Specimen Requirements:
Patient Preparation: Fasting overnight (12-14 hours) (infants-collect prior to next feeding). Water can be taken as needed.
Supplies: Amber Frosted Tube, 5 mL (T915)
Collection Container/Tube:
Preferred: Green top (sodium or lithium heparin)
Submission Container/Tube: Amber vial
Specimen Volume: 1 mL
Collection Instructions:

- 1. Immediately place specimen on wet ice and process within 4 hours of collection.
- 2. Centrifuge at 4 degrees C, aliquot plasma into amber vial to protect from light.
- 3. Freeze plasma immediately, ideally at or below -60 degrees C, protected from light.

Forms:
If not ordering electronically, complete, print, and send [General Request](#) (T239) with the specimen.

Specimen Type	Temperature	Time	Special Container
Plasma Heparin	Frozen	14 days	LIGHT PROTECTED

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
8312	Ascorbic Acid, P	Numeric	mg/dL	1903-4

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:
No

CPT Code Information:
82180

Reference Values:
0.4-2.0 mg/dL