

Pinworm Exam, Perianal

Overview

Useful For

Detection of the eggs of Enterobius vermicularis on the skin of the perianal folds

Special Instructions

• Pinworm Collection Instructions

Method Name

Microscopic

NY State Available

Yes

Specimen

Specimen Type

Varies

Specimen Required Supplies: Swubes (T300)

Specimen Type: Perianal

Container/Tube: SWUBE disposable paddle (Falcon) or similar method of collection

Specimen Volume: Entire specimen

Collection Instructions: See Pinworm Collection Instructions

Forms

If not ordering electronically, complete, print, and send 1 of the following forms with the specimen:

- -Microbiology Test Request (T244)
- -Gastroenterology and Hepatology Test Request (T728)

Reject Due To

All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.

Specimen Stability Information

| Specimen Type | Temperature | Time | Special Container |
|---------------|---------------------|--------|-------------------|
| Varies | Ambient (preferred) | 7 days | |
| | Refrigerated | 7 days | |



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Clinical & Interpretive

Clinical Information

Enterobius vermicularis, also known as pinworm, is a common intestinal nematode with a worldwide distribution. In the United States, pinworm infection is the most common helminth infection of humans and is most frequently found in young school-age children. Transmission is by the fecal-oral route. Individuals become infected when inadvertently ingesting pinworm eggs from the environment (eg, contaminated objects and surfaces). The eggs then hatch in the small intestine and the adults reside in the lumen of the cecum. Gravid adult females migrate to the perianal area during the night and deposit large numbers of eggs in the perianal area, using a glue-like substance to promote adherence anal skin folds.

Most infections are asymptomatic. When present, the most common symptom is nocturnal pruritus ani (nightly anal itching) from the host inflammatory reaction to the eggs and associated adhesion. With itching, the eggs contaminate the fingers of the host and then spread into the environment to infect others. Autoinoculation is also common. Heavy infections may be associated with irritability, difficulty sleeping, abdominal pain, nausea, and vomiting. Ectopic migration of the adult female worm may also lead to vulvovaginitis, salpingo-oophoritis, peritonitis, and, possibly, appendicitis.

Pinworm infection is best diagnosed through identification of eggs, and occasionally adults, obtained from the perianal skin folds. This is classically accomplished via collection with clear adhesive cellophane tape. The pinworm paddle (eg, SWUBE device) facilitates this collection and provides a safer and more reliable means of collection and examination. To collect eggs with the pinworm paddle, the adhesive side of the paddle is pressed firmly and repeatedly to the perianal region and then returned to its plastic tube for safe transportation to the laboratory. The specimen should be collected first thing in the morning, before the patient bathes or defecates. When the paddle arrives in the laboratory, it is placed on a glass slide and examined using a light microscope for eggs and adult worms. Care must be taken when collecting and examining the specimen, as pinworm eggs are infectious within 4 to 6 hours of being laid. Repeat testing may be recommended to increase the sensitivity of detection in cases of light infection.

Several agents are effective in treating pinworm infection (pyrantel pamoate, mebendazole), and good personal hygiene will prevent transmission of the eggs.

Reference Values

Negative (reported as positive or negative)

Interpretation

Positive results are provided indicating the presence of eggs of *Enterobius vermicularis*.

Cautions

Although adult pinworms and eggs can occasionally be observed in stool specimens, examination of feces is not the optimum method for detecting those parasites.

Clinical Reference

1. Global Health, Division of Parasitic Diseases: Parasites-Enterobiasis (also known as Pinworm Infection). Centers for Disease Control and Prevention; Updated June 5, 2023. Accessed January 19, 2024. Available at www.cdc.gov/parasites/pinworm/index.html



Pinworm Exam, Perianal

2. Mayo Clinic: Pinworm infection. Mayo Clinic; Updated June 4, 2022. Accessed January 19, 2024. Available at www.mayoclinic.org/diseases-conditions/pinworm/symptoms-causes/syc-20376382

Performance

Method Description

The disposable paddle is firmly pressed against right and left perianal folds first thing in the morning. The paddle is examined microscopically for the presence of pinworms and eggs. (Garcia L. Diagnostic Medical Parasitology. 6th ed. ASM Press; 2016)

PDF Report

No

Day(s) Performed

Monday through Friday

Report Available

1 to 4 days

Specimen Retention Time

7 days

Performing Laboratory Location

Mayo Clinic Laboratories - Rochester Main Campus

Fees & Codes

Fees

- Authorized users can sign in to <u>Test Prices</u> for detailed fee information.
- Clients without access to Test Prices can contact <u>Customer Service</u> 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact <u>Customer Service</u>.

Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

CPT Code Information

87172

LOINC® Information

| Test ID | Test Order Name | Order LOINC® Value |
|---------|-----------------|--------------------|
| | | |



Pinworm Exam, Perianal

| PINW | Pinworm Exam, Perianal 675-9 | |
|-----------|------------------------------|---------------------|
| Result ID | Test Result Name | Result LOINC® Value |
| PINW | Pinworm Exam, Perianal | 675-9 |