



# Test Definition: CRY\_S

Cryoglobulin, Serum

## Overview

### Useful For

Evaluating cryoglobulins in patients with vasculitis, glomerulonephritis, and lymphoproliferative diseases

Evaluating cryoglobulins in patients with macroglobulinemia or myeloma in whom symptoms occur with cold exposure

This test is **not useful for** general screening of a population without a clinical suspicion of cryoglobulinemia.

### Reflex Tests

Test Id	Reporting Name	Available Separately	Always Performed
IMFXC	Immunofixation Cryoglobulin	No	No

### Testing Algorithm

If the cryoglobulin test has a positive result after 1 or 7 days, then immunofixation will be performed at an additional charge. Immunofixation will only be performed once when positive cryoglobulin results are 0.1 mL of precipitate or greater.

For more information, see [Acquired Neuropathy Diagnostic Algorithm](#).

### Special Instructions

- [Acquired Neuropathy Diagnostic Algorithm](#)

### Method Name

CRY\_S: Quantitation and Qualitative Typing Precipitation

IMFXC: Immunofixation

### NY State Available

Yes

## Specimen

### Specimen Type

Serum Red

### Ordering Guidance

This test is also available as a part of a profile to assess for both cryofibrinogen and cryoglobulin. For more information see CRGSP / Cryoglobulin and Cryofibrinogen Panel, Serum and Plasma.

**Specimen Required**

**Patient Preparation:** Fasting 12 hours, preferred but not required

**Collection Container/Tube:** Red top (serum gel/SST are **not acceptable**)

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 5 mL Serum

**Collection Instructions:**

1. Tube must remain at 37 degrees C.
2. Allow blood to clot at 37 degrees C.
3. Centrifuge at 37 degrees C. **Do not use a refrigerated centrifuge.** If absolutely necessary, ambient temperature is acceptable. It is very important that the specimen remains at 37 degrees C until after separation of serum from red blood cells.
4. Place serum into an appropriately labeled plastic vial.

**Additional Information:** Analysis cannot be performed with less than 3 mL of serum. Smaller volumes are insufficient to detect clinically important trace (mixed) cryoglobulins. Less than 3 mL will require collection and submission of a new specimen.

**Forms**

If not ordering electronically, complete, print, and send 1 of the following forms with the specimen:

[-Kidney Transplant Test Request](#)

[-Renal Diagnostics Test Request](#) (T830)

**Specimen Minimum Volume**

Serum: 3 mL

**Reject Due To**

Gross hemolysis	OK
Gross lipemia	OK
Gross icterus	OK

**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Serum Red	Refrigerated (preferred)		
	Frozen		

**Clinical & Interpretive****Clinical Information**

Cryoglobulins are immunoglobulins that precipitate when cooled and dissolve when heated. Because these proteins precipitate when cooled, patients may experience symptoms when exposed to the cold. Cryoglobulins may be associated with a variety of diseases including plasma cell disorders, autoimmune diseases, and infections. Cryoglobulins may also cause erroneous results with some automated hematology instruments.

Cryoglobulins may be classified as type I, type II, and type III. Type I is composed of a monoclonal immunoglobulin: IgG or IgM, or rarely IgA or free monoclonal light chains. Type II cryoglobulins consist of a monoclonal component and a polyclonal component. Finally, type III cryoglobulins are composed of only polyclonal immunoglobulins.

The majority of patients with cryoglobulins are asymptomatic. The type or quantity of cryoglobulin does not reliably predict whether or which symptoms will be present. The concentration of cryoglobulins tends to vary by type with the majority of cases of type III, being less than 1 mg/mL; of type II, greater than 1 mg/mL; and of type I, greater than 5 mg/mL. Even though the type I cryoglobulin concentrations tend to be the highest, they are the least likely to cause symptoms. The thermal amplitude (temperature at which the cryoglobulin precipitates) is a better predictor of symptoms than quantity or type.

Symptoms of cryoglobulinemia include purpura, Raynaud phenomenon, cyanosis, skin ulceration, gangrene, kidney failure, peripheral neuropathy, fever, and malaise.

Type I cryoglobulinemia is associated with monoclonal gammopathy of undetermined significance, macroglobulinemia, or multiple myeloma.

Type II cryoglobulinemia is associated with autoimmune disorders such as vasculitis, glomerulonephritis, systemic lupus erythematosus, rheumatoid arthritis, and Sjogren syndrome. It may be seen in infections such as hepatitis, infectious mononucleosis, cytomegalovirus, and toxoplasmosis. Type II cryoglobulinemia may also be essential, ie, occurring in the absence of underlying disease.

Type III cryoglobulinemia usually demonstrates trace levels of cryoprecipitate, may take up to 7 days to appear, and is associated with the same disease spectrum as type II cryoglobulinemia.

### Reference Values

Negative

Positive results are reported as a percentage or trace amount.

### Interpretation

Type I cryoglobulins are composed of monoclonal protein, often linked to plasma cell disorders such as monoclonal gammopathy of undetermined significance, macroglobulinemia, or multiple myeloma.

Type II cryoglobulins have both monoclonal and polyclonal component and can be associated with associated with autoimmune disorders such as vasculitis, glomerulonephritis, systemic lupus erythematosus, rheumatoid arthritis, and Sjogren's syndrome. It may be seen in infections such as hepatitis, infectious mononucleosis, cytomegalovirus, and toxoplasmosis.

Type III cryoglobulins consist of only polyclonal protein and are associated with the same diseases as type II cryoglobulins. Clinical severity depends more on thermal amplitude than concentration or type.

### Cautions

Failure to follow specimen handling instructions may cause false-negative results.

### Clinical Reference

1. Kyle RA, Lust JA. Immunoglobulins and laboratory recognition of monoclonal proteins. Section III. Myeloma and related disorders. In: Wiernik PH, Canellos GP, Dutcher JP, Kyle RA, eds. Neoplastic Diseases of the Blood. 3rd ed. Churchill Livingstone; 1996:453-475
2. Desbois AC, Cacoub P, Saadoun D. Cryoglobulinemia: An update in 2019. Joint Bone Spine. 2019;86(6):707-713. doi:10.1016/j.jbspin.2019.01.016

## Performance

### Method Description

The normal proteins of serum do not precipitate in the cold. An aliquot of serum is incubated for 24 hours at 1 degree C. If a precipitate develops in the serum, the specimen is centrifuged, and the percentage of precipitate is reported. Negative specimens are kept at 1 degree C for 7 days and rechecked. All positive cryoglobulins are analyzed by immunofixation to determine if the precipitate is a monoclonal protein, polyclonal protein, or a mixed cryoglobulin. (Lerner AB, Watson CJ. Studies of cryoglobulins; unusual purpura associated with the presence of a high concentration of cryoglobulin [cold precipitable serum globulin]. Am J Med Sci. 1947;214[4]:410-415; Desbois AC, Cacoub P, Saadoun D: Cryoglobulinemia: An update in 2019. Joint Bone Spine. 2019;86(6):707-713. doi:10.1016/j.jbspin.2019.01.016)

### PDF Report

No

### Day(s) Performed

Monday through Friday

### Report Available

2 to 10 days

### Specimen Retention Time

Negative: 7 days; Positive: until reported

### Performing Laboratory Location

Mayo Clinic Laboratories - Rochester Superior Drive

## Fees & Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

### Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per

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manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

**CPT Code Information**

82595

86334-(if appropriate)

**LOINC® Information**

Test ID	Test Order Name	Order LOINC® Value
CRY_S	Cryoglobulin, S	12201-0

Result ID	Test Result Name	Result LOINC® Value
2684	Cryoglobulin, S	12201-0