MAYO CLINIC LABORATORIES

Test Definition: FGHRH

Growth Hormone-Releasing Hormone (GH-RH, also known as GHRF or GRF)

Overview

Method Name
Direct Enzyme Immunoassay (EIA)

NY State Available
No

Specimen

Specimen Type
Serum

Specimen Required
Patient preparation: Patient should not be on any medications that may influence pituitary secretion.
Specimen Type: Serum
Collection Container/Tube:
Preferred: Red top
Acceptable: SST
Submission Container/Tube: Plastic vial
Specimen Volume: 3 mL Serum
Collection Instructions:
1. Centrifuge as soon as possible and aliquot 3 mL of serum into a plastic vial.
2. Freeze specimen immediately after separation.
3. Send frozen.

Specimen Minimum Volume
Serum: 1 mL

Reject Due To

Gross hemolysis	Reject
Gross lipemia	Reject
Gross icterus	Reject

Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Serum	Frozen	180 days	

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Clinical & Interpretive

Clinical Information
Refer to www.interscienceinstitute.com/individual-assays/

Reference Values
5-18 pg/mL

Performance

PDF Report
Referral

Day(s) Performed
Monday through Friday

Report Available
12 to 14 days

Performing Laboratory Location
Inter Science Institute

Fees & Codes

Fees
- Authorized users can sign in to Test Prices for detailed fee information.
- Clients without access to Test Prices can contact Customer Service 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact Customer Service.

Test Classification
This test has not been cleared or approved by the US Food and Drug Administration.
This test was developed and its performance characteristics determined by Inter Science Institute. Values obtained with different methods, laboratories, or kits cannot be used interchangeably with the results on this report. The results cannot be interpreted as absolute evidence of the presence or absence of malignant disease.

CPT Code Information
83520

LOINC® Information

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Test ID	Test Order Name	Order LOINC® Value
FGHRH	Growth Hormone Releasing Hormone	Not Provided

Result ID	Test Result Name	Result LOINC® Value
FGHRH	Growth Hormone Releasing Hormone	14177-0