

Overview

**Useful For**  
Providing an isolate suitable for antimicrobial susceptibility testing

Reflex Tests

Test Id	Reporting Name	Available Separately	Always Performed
ANAIID	Anaerobe Ident	No, (Bill Only)	No
RMALA	Id MALDI-TOF Mass Spec Anaerobe	No, (Bill Only)	No
ISAN	Anaerobe Ident by Sequencing	No, (Bill Only)	No

**Testing Algorithm**  
When this test is ordered, the reflex tests may be performed at an additional charge.

**Highlights**  
Culture provides definitive evidence of the presence of the bacterium, *Clostridioides difficile*, in feces, providing an isolate for antimicrobial susceptibility testing.

**Method Name**  
Conventional Culture Technique

**NY State Available**  
Yes

Specimen

**Specimen Type**  
Varies

**Ordering Guidance**  
If susceptibilities are also desired, order CDIFS / *Clostridioides (Clostridium) difficile* Culture with Antimicrobial Susceptibilities, Varies

This is **not the preferred diagnostic test** for *Clostridioides difficile*. For routine diagnostic testing, order CDPCR / *Clostridioides difficile* Toxin, PCR, Feces.

**Additional Testing Requirements**  
If susceptibility testing is needed; also order MMLSA / Antimicrobial Susceptibility, Anaerobic Bacteria, MIC, Varies.

Susceptibility testing, when ordered, would routinely include metronidazole and vancomycin. If susceptibilities are not appropriate and will not be performed, MMLSA will be canceled.

**Necessary Information**

**Specimen source is required.**

**Specimen Required**

**Submit only 1 of the following specimens:**

**Patient Preparation:** Patient should not use antacids, barium, bismuth, antidiarrheal medication, zinc oxide paste, Vagisil cream or oily laxatives prior to specimen collection.

**Preferred:**

**Specimen Type:** Preserved feces

**Supplies:** Culture and Sensitivity Stool Transport Vial (T058)

**Container/Tube:** Commercially available transport system specific for recovery of enteric pathogens from fecal specimens (15 mL of non-nutritive transport medium containing phenol red as a pH indicator, either Cary-Blair or Para-Pak C and S)

**Specimen Volume:** Representative portion of feces; 5 mL

**Collection Instructions:**

1. Collect 1 gram or 5 mL fresh fecal specimen and submit in container with transport medium.
2. Place feces in preservative within 2 hours of collection.

**Additional Information:** Only diarrheal (ie, unformed) feces should be tested. Testing formed feces for *Clostridioides difficile* is generally not clinically indicated.

**Specimen Stability Information:** Ambient (preferred) 96 hours/Refrigerated 96 hours/Frozen 7 days

**Acceptable:**

**Specimen Type:** Unpreserved feces

**Supplies:**

-Stool container, Small (Random), 4 oz (T288)

-Stool Collection Kit, Random (T635)

**Container/Tube:** Stool container

**Specimen Volume:** Representative portion of feces

**Collection Instructions:** Collect fresh feces and submit representative sample in stool container.

**Additional Information:** Only diarrheal (ie, unformed) feces should be tested. Testing formed feces for *Clostridioides difficile* is generally not clinically indicated.

**Specimen Stability Information:** Ambient (preferred) 72 hours/Frozen 7 days

**Specimen Type:** Fresh tissue or biopsy

**Sources:** Colon

**Supplies:** Anaerobe Transport Tube (T588)

**Specimen Volume:** Entire collection, 1 to 2 cm(3)

**Collection Instructions:** Aseptically collect 1 to 2 cm(3) piece of tissue whenever possible. In general, a larger piece of tissue is preferred. Submit in an anaerobic transport tube.

**Specimen Stability Information:** Ambient 72 hours

Forms

If not ordering electronically, complete, print, and send a [Gastroenterology and Hepatology Test Request](#) (T728) with the specimen.

Specimen Minimum Volume

Stool: 1 g or 5 mL  
Tissue: 5 mm(3)

Reject Due To

Fecal swab Specimen in Ecofix	Reject
-------------------------------------	--------

Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Varies	Varies		

Clinical & Interpretive

Clinical Information

*Clostridioides difficile* (formerly *Clostridium difficile*) can cause diarrhea and may cause pseudomembranous colitis. Overgrowth of toxin-producing *C difficile* in the colon leads to the production of toxins A and/or B by the organism and consequent diarrhea. *C difficile* infection should be suspected in patients with symptoms of diarrhea with risk factors such as current or recent use of antibiotics, a history of *C difficile* infection, current or recent hospitalization or placement in a nursing home or long-term care facility, age older than 65 years, gastric acid suppression, etc. *C difficile* infection is the most common cause of diarrhea in hospitalized patients and may lead to serious complications, including sepsis, bowel perforation, and increased overall mortality (especially in older patients). The incidence of *C difficile* infection has risen in the community and in healthcare settings. While culture is not the preferred means to diagnose *C difficile*-associated diarrhea, culture for *C difficile* provides an isolate suitable for antimicrobial susceptibility testing. Note that this test does not differentiate between toxin-producing and nontoxigenic strains of *C difficile*.

Reference Values

No growth of *Clostridioides difficile*.

Interpretation

A positive result indicates the presence of viable *Clostridioides difficile* in feces.

A positive culture may be found with asymptomatic *C difficile* colonization with a toxin-producing or non-toxin-producing strain or with *C difficile*-associated diarrhea.

A negative result indicates the absence of *C difficile* growth in culture.

Cautions

The assay must be performed on fresh feces, fresh-frozen feces, or feces in transport medium. Only diarrheal (ie, unformed) feces should be tested.

Submission of more than 1 specimen for testing is not recommended.

Repeated testing during a single episode of diarrhea is not recommended.

Testing of asymptomatic patients (ie, without diarrhea) or for test of cure is not recommended.

Isolation of *C difficile* does not differentiate between toxin-producing and non-toxin-producing strains.

Patients may asymptotically carry *Clostridioides difficile*.

Testing of colostomy, ileostomy, or colonoscopically collected specimens has not been validated.

### Supportive Data

Fifty fecal specimens in Cary Blair transport media previously determined as positive for *Clostridioides difficile* by toxin polymerase chain reaction were subcultured directly onto CHROMagar *C difficile* plates. Plates were incubated under anaerobic conditions at 37 degrees C for 24 hours in accordance with the manufacturer's recommendation. *C difficile* identification was performed by matrix assisted laser desorption ionization time-of-flight mass spectrometry (MALDI-TOF MS) directly from bacterial colony growth on CHROMagar plates. Using this method, *C difficile* was identified from 47 of 50 fecal specimens, corresponding with a 94% recovery rate. Two specimens that did not yield *C difficile* on CHROMagar media also failed to produce growth on conventional *C difficile* selective media (taurochocolate, cycloserine, cefoxitin, fructose agar: TCCFA). One specimen was recovered by the TCCFA media, but not by the CHROMagar *C difficile* media. Organisms other than *C difficile* were not recovered on CHROMagar, corresponding to 100% analytical specificity.

### Clinical Reference

1. Cohen SH, Gerding DN, Johnson S, et al. Clinical practice guidelines for Clostridium difficile infection in adults: 2010 update by the Society for Healthcare Epidemiology of America (SHEA) and the Infectious Diseases Society of America (IDSA). Infect Control Hosp Epidemiol. 2010;31(5):431-455
2. Lawson PA, Citron DM, Tyrrell KL, Finegold SM. Reclassification of Clostridium difficile as Clostridioides difficile (Hall and O'Toole 1935) Prevot 1938. Anaerobe. 2016;40:95-99. doi:10.1016/j.anaerobe.2016.06.008
3. Oren A, Garrity GM. List of new names and new combinations previously effectively, but not validly, published. Int J Syst Evol Microbiol. 2016;66(11):4299-4305. doi:10.1099/ijsem.0.001585

### Performance

#### Method Description

Specimens are directly inoculated onto a CHROMagar *Clostridioides difficile* plate, which is incubated anaerobically at 35 to 37 degrees C for 24 hours. Plates are observed for characteristic fluorescence using ultraviolet light at 365 nm. Fluorescent colonies are identified by matrix-assisted laser desorption/ionization time-of-flight (MALDI-TOF) mass spectrometry or 16S ribosomal RNA gene sequencing.(Unpublished Mayo method

PDF Report

No

Day(s) Performed

Monday through Sunday

Report Available

2 to 6 days

Specimen Retention Time

7 days

Performing Laboratory Location

Mayo Clinic Laboratories - Rochester Main Campus

Fees & Codes

Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

CPT Code Information

87081-C. difficile Culture  
87076-Anaerobe Ident (if appropriate)  
87076-Id MALDI-TOF Mass Spec Anaerobe (if appropriate)  
87153-Anaerobe Ident by Sequencing (if appropriate)

LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
CDIF	C. difficile Culture	562-9

Result ID	Test Result Name	Result LOINC® Value
CDIF	C. difficile Culture	562-9