



# Test Definition: GPIC

Glucose Phosphate Isomerase Enzyme Activity,  
Blood

## Overview

### Useful For

Evaluating individuals with Coombs-negative chronic hemolysis as a part of a profile

### Method Name

Only orderable as part of a profile. For more information see:

- HAEV1 / Hemolytic Anemia Evaluation, Blood
- EEEV1 / Red Blood Cell (RBC) Enzyme Evaluation, Blood

Kinetic Spectrophotometry (KS)

### NY State Available

Yes

## Specimen

### Specimen Type

Whole Blood ACD-B

### Specimen Required

Only orderable as part of a profile. For more information see:

- HAEV1 / Hemolytic Anemia Evaluation, Blood
- EEEV1 / Red Blood Cell (RBC) Enzyme Evaluation, Blood

### Reject Due To

Gross hemolysis	Reject
Fully clotted	Reject

### Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Whole Blood ACD-B	Refrigerated	20 days	

## Clinical & Interpretive

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**Clinical Information**

The glucose 6-phosphate isomerase (GPI) enzyme interconverts glucose 6-phosphate and fructose 6-phosphate in the second step of glycolysis. GPI deficiency (OMIM 613470) is a cause of nonspherocytic hemolytic anemia and has been reported in patients from varied ethnic backgrounds. As investigational methods have improved, the number of confirmed diagnoses has increased, although the disorder remains rare. Inheritance is autosomal recessive. Clinically significant GPI deficiency manifests in variable severity ranging from mild to severe anemia, with jaundice, gallstones and splenomegaly. Some cases of neonatal death/hydrops fetalis have been reported to be associated with GPI deficiency. A subset of patients shows neurologic impairment and granulocyte dysfunction. Heterozygotes are expected to have a normal phenotype.

**Reference Values**

Only orderable as part of a profile. For more information see:

-HAEV1 / Hemolytic Anemia Evaluation, Blood

-EEEV1 / Red Blood Cell (RBC) Enzyme Evaluation, Blood

> or =12 months of age: 40.0-58.0 U/g Hb

Reference values have not been established for patients younger than 12 months.

**Interpretation**

Most clinically significant hemolytic anemias due to glucose phosphate isomerase (GPI) deficiency are associated with activity levels under 30% of mean normal; however, some clinically affected patients can have higher activity due to reticulocytosis. Heterozygous individuals usually show 40% to 60% of mean normal activity and are hematologically normal.

Variably of increased GPI activity is seen when young red blood cells are produced in response to anemia (reticulocytosis) or in newborns.

**Cautions**

Recent transfusion may mask the patient's intrinsic enzyme activity and cause unreliable results.

Reticulocytosis can mask some glucose phosphate isomerase (GPI) deficiency cases by raising the activity level. Comparison to other red blood cell enzyme activity levels or correction for reticulocytosis may be useful.

**Clinical Reference**

1. Manco L, Bento C, Victor BL, et al. Hereditary nonspherocytic hemolytic anemia caused by red cell glucose-6-phosphate isomerase (GPI) deficiency in two Portuguese patients: Clinical features and molecular study. *Blood Cells Mol Dis.* 2016;60:18-23
2. Mojzíkova R, Koralkova P, Holub D, et al. Two novel mutations (p.(Ser160Pro) and p.(Arg472Cys)) causing glucose-6-phosphate isomerase deficiency are associated with erythroid dysplasia and inappropriately suppressed hepcidin. *Blood Cells Mol Dis.* 2018;69:23-29
3. Fairbanks VF, Klee GG: Biochemical aspects of hematology. In: Burtis CA, Ashwood ER, eds. *Tietz Textbook of Clinical Chemistry.* 3rd ed. WB Saunders Company, 1999;1642-1646
4. Koralkova P, van Solinge WW, van Wijk R: Rare hereditary red blood cell enzymopathies associated with hemolytic anemia-pathophysiology, clinical aspects and laboratory diagnosis. *Int J Lab Hematol.* 2014;36:388-397

## Performance

### Method Description

Glucose phosphate isomerase (GPI) interconverts glucose 6-phosphate (G6P) and fructose 6-phosphate (F6P). In this assay, the F6P is then further converted to 6-phosphogluconate through the G6P dehydrogenase (G6PD) reaction resulting in the reduction of nicotinamide adenine dinucleotide phosphate (NADP[+]) to NADPH. The reduction of NADP(+) is measured spectrophotometrically by the increase in absorbance at 340 nm on an automated chemistry analyzer. (Beutler E. Red cell metabolism: A Manual of Biochemical Methods. 3rd ed. Grune and Stratton; 1984: 40-42; Rab MAE, van Wijk R. Enzymes of the red blood cell. In: Rifai N, Chiu RWK, Young I, Burnham CAD, Wittwer CT, eds. Tietz Textbook of Laboratory Medicine. 7th ed. Elsevier; 2023:chap 78)

### PDF Report

No

### Day(s) Performed

Weekly

### Report Available

5 days

### Specimen Retention Time

28 days

### Performing Laboratory Location

Mayo Clinic Laboratories - Rochester Main Campus

## Fees & Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

### Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

### CPT Code Information

84087

### LOINC® Information

## Test Definition: GPIC

Glucose Phosphate Isomerase Enzyme Activity,  
Blood

Test ID	Test Order Name	Order LOINC® Value
GPIC	Glucose Phosphate Isomerase, B	44050-3

Result ID	Test Result Name	Result LOINC® Value
GPICL	Glucose Phosphate Isomerase, B	44050-3