



## Test Definition: CSMRT

mSMART Plasma Cell Proliferative Disorder,  
Pre-Analysis Cell Sorting, Bone Marrow

### Overview

#### Useful For

Risk stratification of patients with multiple myeloma, which can assist in determining treatment and management decisions

Sorting plasma cells for fluorescence in situ hybridization analysis

Risk stratification of patients with newly diagnosed multiple myeloma

#### Method Name

Only orderable as a reflex. For more information see one of the following:

MSMRT / Mayo Algorithmic Approach for Stratification of Myeloma and Risk-Adapted Therapy Report, Bone Marrow

MSMRD / Myeloma Stratification and Risk-Adapted Therapy with Reflex to Minimal Residual Disease, Bone Marrow

Flow Cytometric Cell Selection

#### NY State Available

Yes

### Specimen

#### Specimen Type

Bone Marrow

#### Specimen Required

Only orderable as a reflex. For more information see one of the following:

MSMRT / Mayo Algorithmic Approach for Stratification of Myeloma and Risk-Adapted Therapy Report, Bone Marrow

MSMRD / Myeloma Stratification and Risk-Adapted Therapy with Reflex to Minimal Residual Disease, Bone Marrow

#### Container/Tube:

**Preferred:** Yellow top (ACD solution A or B)

**Acceptable:** Lavender top (EDTA) or green top (heparin)

**Specimen Volume:** 4 mL

#### Collection Instructions:

1. Invert several times to mix bone marrow.
2. Send bone marrow specimen in original tube. **Do not aliquot.**

#### Specimen Minimum Volume

1 mL

## Reject Due To

Gross hemolysis	Reject
Fully clotted	Reject

## Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Bone Marrow	Ambient (preferred)	4 days	
	Refrigerated	4 days	

## Clinical & Interpretive

### Clinical Information

Multiple myeloma is increasingly recognized as a disease characterized by marked cytogenetic, molecular, and proliferative heterogeneity. This heterogeneity is manifested clinically by varying degrees of disease aggressiveness. Multiple myeloma patients with more aggressive disease experience suboptimal responses to some therapeutic approaches; therefore, identifying these patients is critically important for selecting appropriate treatment options.

MSMRT / Mayo Algorithmic Approach for Stratification of Myeloma and Risk-Adapted Therapy Report, Bone Marrow classifies patients into either standard or high-risk categories based on the results of 2 assays: plasma cell proliferation and fluorescence in situ hybridization for specific multiple myeloma-associated abnormalities.

### Reference Values

Only orderable as a reflex. see one of the following:

MSMRT / Mayo Algorithmic Approach for Stratification of Myeloma and Risk-Adapted Therapy Report, Bone Marrow  
MSMRD / Myeloma Stratification and Risk-Adapted Therapy with Reflex to Minimal Residual Disease, Bone Marrow

An interpretive report will be provided.

### Interpretation

Correlation with clinical, histopathologic and additional laboratory findings is required for final interpretation of these results. The final interpretation of results for clinical management of the patient is the responsibility of the managing physician.

### Cautions

No significant cautionary statements

### Clinical Reference

1. Rajkumar SV, Greipp PR. Prognostic factors in multiple myeloma. *Hematol Oncol Clin North Am.* 1999;13(6):1295-xi
2. Garcia-Sanz R, Gonzalez-Fraile MI, Mateo G, et al. Proliferative activity of plasma cells is the most relevant prognostic

- 
- factor in elderly multiple myeloma patients. *Int J Cancer*. 2004;112(5):884-889
3. Orfao A, Garcia-Sanz R, Lopez-Berges MC, et al. A new method for the analysis of plasma cell DNA content in multiple myeloma samples using a CD38/propidium iodide double staining technique. *Cytometry*. 1994;17(4):332-339
  4. Morice WG, Hanson CA, Kumar S, Frederick LA, Lesnick CE, Greipp PR. Novel multi-parameter flow cytometry sensitively detects phenotypically distinct plasma cell subsets in plasma cell proliferative disorders. *Leukemia*. 2007;21(9):2043-2046
  5. Gonsalves WI, Buadi FK, Ailawadhi S, et al. Utilization of hematopoietic stem cell transplantation for the treatment of multiple myeloma: a Mayo Stratification of Myeloma and Risk-Adapted Therapy (mSMART) consensus statement. *Bone Marrow Transplant*. 2019;54(3):353-367. doi:10.1038/s41409-018-0264-8
  6. Kapoor P, Ansell SM, Fonseca R, et al. Diagnosis and management of Waldenstrom macroglobulinemia: Mayo Stratification of Macroglobulinemia and Risk-Adapted Therapy (mSMART) guidelines 2016. *JAMA Oncol*. 2017;3(9):1257-1265. doi:10.1001/jamaoncol.2016.5763
  7. Mikhael JR, Dingli D, Roy V, et al. Management of newly diagnosed symptomatic multiple myeloma: updated Mayo Stratification of Myeloma and Risk-Adapted Therapy (mSMART) consensus guidelines 2013. *Mayo Clin Proc*. 2013;88(4):360-376. doi:10.1016/j.mayocp.2013.01.019
  8. Swerdlow S, Campo E, Harris NL, et al. WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues. 4th ed. IARC Press; 2017. WHO Classification of Tumours. Vol 2
  9. Kumar SK, Rajkumar SV. The multiple myelomas-current concepts in cytogenetic classification and therapy. *Nat Rev Clin Oncol*. 2018;15(7):409-421. doi:10.1038/s41571-018-0018-y
  10. Rajkumar SV, Landgren O, Mateos MV. Smoldering multiple myeloma. *Blood*. 2015;125(20):3069-3075. doi:10.1182/blood-2014-09-568899

## Performance

### Method Description

Selection of plasma cells using fluorescence activated cell sorting is the most direct and robust method of obtaining relatively pure plasma cell populations for fluorescence in situ hybridization assessment. (Instruction manual: BD FACSMelody Cell Sorter User's Guide. Revision 3. BD Biosciences; 03/2020)

### PDF Report

No

### Day(s) Performed

Specimens processed Monday through Sunday

Results reported Monday through Saturday

### Report Available

1 to 11 days

### Specimen Retention Time

14 days

### Performing Laboratory Location

---

Mayo Clinic Laboratories - Rochester Main Campus

## Fees & Codes

### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their account representative. For assistance, contact [Customer Service](#).

### Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. It has not been cleared or approved by the US Food and Drug Administration.

### CPT Code Information

88184-Flow Cytometry; first cell surface, cytoplasmic or nuclear marker

88185 x 5-Flow Cytometry, additional cell surface, cytoplasmic or nuclear marker (each)

### LOINC® Information

Test ID	Test Order Name	Order LOINC® Value
CSMRT	MPCDS Pre-Analysis Cell Sorting, BM	No LOINC Needed

Result ID	Test Result Name	Result LOINC® Value
607682	MPCDS Pre-Analysis Cell Sort	No LOINC Needed
607688	Final Diagnosis	No LOINC Needed