Overview

Useful For
Diagnosis of Niemann-Pick disease type C

This test is not useful for Niemann-Pick disease type C carrier detection.

Genetics Test Information
This is a diagnostic test for Niemann-Pick type C.

Additional Tests

<table>
<thead>
<tr>
<th>Test ID</th>
<th>Reporting Name</th>
<th>Available Separately</th>
<th>Always Performed</th>
</tr>
</thead>
<tbody>
<tr>
<td>FIBR</td>
<td>Fibroblast Culture</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>CRYOB</td>
<td>Cryopreserve for Biochem Studies</td>
<td>No</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Testing Algorithm
When this test is ordered, a fibroblast culture and cryopreservation for biochemical studies will always be performed at an additional charge. However, for multiple lysosomal enzyme assays on a patient utilizing fibroblast culture, only 1 culture is required regardless of the number of enzyme assays ordered. If viable cells are not obtained within 10 days, client will be notified.

Special Instructions
- Informed Consent for Genetic Testing
- Biochemical Genetics Patient Information
- Informed Consent for Genetic Testing (Spanish)

Method Name
NIEM: Radiolabeled Lipid Extraction Using Thin Layer Chromatography

CRYOB: Fibroblast Subculture Followed by Cryopreservation and Storage

NY State Available
Yes

Specimen

Specimen Type
Tissue

Advisory Information
This test is recommended only after appropriate analyte testing of oxysterols: see OXNP / Oxysterols, Plasma; OXYBS / Oxysterols, Blood Spot; or OXYWB / Oxysterols, Blood for more information.

Specimen Required
Submit only 1 of the following specimens:

**Specimen Type:** Cultured fibroblasts

**Container/Tube:** T-75 or T-25 flask

**Specimen Volume:** 1 Full T-75 flask or 2 full T-25 flasks

**Specimen Stability Information:** Ambient (preferred)/Refrigerated <24 hours

**Specimen Type:** Skin biopsy

**Supplies:** Fibroblast Biopsy Transport Media (T115)

**Container/Tube:** Sterile container with any standard cell culture media (eg, minimal essential media, RPMI 1640). The solution should be supplemented with 1% penicillin and streptomycin. Tubes can be supplied upon request (Eagle's minimum essential medium with 1% penicillin and streptomycin).

**Specimen Volume:** 4-mm punch

**Specimen Stability Information:** Refrigerated (preferred)/Ambient

**Forms**

1. **New York Clients-Informed consent is required.** Document on the request form or electronic order that a copy is on file. The following documents are available in Special Instructions:
   - [Informed Consent for Genetic Testing](T576)
   - [Informed Consent for Genetic Testing-Spanish](T826)

2. **Biochemical Genetics Patient Information** (T602) in Special Instructions

3. If not ordering electronically, complete, print, and send an [Inborn Errors of Metabolism Test Request](T798) with the specimen.

**Reject Due To**

<table>
<thead>
<tr>
<th>Tissue</th>
<th>Specimen in formalin or fixative preservative</th>
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</table>

**Specimen Stability Information**

<table>
<thead>
<tr>
<th>Specimen Type</th>
<th>Temperature</th>
<th>Time</th>
<th>Special Container</th>
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</thead>
<tbody>
<tr>
<td>Tissue</td>
<td>Varies</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Clinical and Interpretive**

**Clinical Information**

*Niemann-Pick disease type C (NPC) is an autosomal recessive lipid storage disorder resulting from mutations in*
either the *NPC1* (95% of cases) or *NPC2* genes. Impaired cellular cholesterol trafficking results in progressive accumulation of unesterified cholesterol in late endosomes/lysosomes. NPC has a variable age of onset (range: perinatal period to adulthood) and a highly variable clinical presentation. Most individuals are diagnosed during childhood with symptoms that include ataxia, vertical supranuclear gaze palsy, dystonia, progressive speech deterioration, and seizures. Infants may present with or without hepatosplenomegaly and respiratory failure. Those without liver and pulmonary disease may present with hypotonia and developmental delay. Adult-onset NPC is associated with a slower progression and is characterized by psychiatric illness, ataxia, dystonia, and speech difficulties. The incidence of NPC is approximately 1 in 120,000 to 150,000 live births.

Measurement of oxysterols (products of cholesterol oxidation) are an effective, quick, and less invasive option for screening in an individual with suspected NPC (see OXNP / Oxysterols, Plasma; OXYBS / Oxysterols, Blood Spot; OXYWB / Oxysterols, Blood). Elevated levels of cholestane-3-beta, 5-alpha, 6-beta-triol (COT), lyso-sphingomyelin 509 (LSM 509), and 7-ketocholesterol (7-KC) may be seen; however, individuals with cholestasis may also present with this finding. Molecular testing of *NPC1* and *NPC2* (see NPCZ / Niemann-Pick Type C Disease, Full Gene Analysis) is helpful for disease confirmation, but may reveal variants of unknown significance, heterozygosity or absence of mutations in a patient with presumed NPC. Demonstration of impaired cholesterol esterification and positive filipin staining in cultured fibroblasts can be used to assess the functional significance of *NPC1* or *NPC2* variants and is helpful for disease confirmation in cases with a high clinical suspicion of NPC with ambiguous oxysterol results or cases where molecular testing is not informative.

**Reference Values**

If the results indicate that the patient's cultured fibroblasts esterify cholesterol at a level that is <10% of normal cultured fibroblasts and when filipin staining shows excessive storage of free cholesterol, it will be stated that the patient is positive for Niemann-Pick disease C. All samples will be stained by filipin to see if a milder biochemical phenotype is the likely cause of the Niemann-Pick disease-like clinical picture.

**Interpretation**

Values expected in Niemann-Pick disease type C are below 10% of that found in normal cultured fibroblasts.

Values between 10% and 80% of normal will have to be judged on other diagnostic criteria.

All values will be followed up by filipin staining for cholesterol.

**Cautions**

No significant cautionary statements.

**Clinical Reference**


Performance

Method Description


PDF Report

No

Day(s) and Time(s) Test Performed

Varies

Analytic Time

70-80 days depending on rapidity of growth

Maximum Laboratory Time

80 days

Specimen Retention Time

3 years - Check with the lab for availability

Performing Laboratory Location

Rochester

Fees and Codes

Fees

- Authorized users can sign in to Test Prices for detailed fee information.
- Clients without access to Test Prices can contact Customer Service 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact Customer Service.

Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

CPT Code Information

82658-Niemann-Pick type C detection
88233-Fibroblast culture

88240-Cryopreservation for biochemical studies

**LOINC® Information**

<table>
<thead>
<tr>
<th>Test ID</th>
<th>Test Order Name</th>
<th>Order LOINC Value</th>
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</thead>
<tbody>
<tr>
<td>NIEM</td>
<td>Niemann-Pick Type C, Fibro</td>
<td>In Process</td>
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</tbody>
</table>

<table>
<thead>
<tr>
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<th>Test Result Name</th>
<th>Result LOINC Value</th>
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<tbody>
<tr>
<td>30173</td>
<td>Cholesterol Esterification</td>
<td>In Process</td>
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<tr>
<td>29746</td>
<td>Interpretation (NIEM)</td>
<td>59462-2</td>
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<tr>
<td>29748</td>
<td>Reviewed By</td>
<td>18771-6</td>
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