

**Overview****Method Name**

Microbiological Assay

**NY State Available**

Yes

**Specimen****Specimen Type**

Serum

**Specimen Required**

Specimen Type: Serum

Container/Tube: Red or SST

Specimen Volume: 2 mL

Collection Instructions: Draw blood in a plain, no additive red-top tube(s) or serum gel tube(s). Spin down and send 2 mL serum frozen in amber vial (T192) to protect from light.

**Specimen Minimum Volume**

1 mL

**Reject Due To**

Hemolysis	Mild OK; Gross reject
Lipemia	Mild OK; Gross reject
Icterus	NA
Other	Not light protected

**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Serum	Frozen	14 days	LIGHT PROTECTED

**Clinical and Interpretive****Clinical Information**

Biotin, vitamin B7, or vitamin H, is a water soluble vitamin. The vitamin plays a role in the transferring of carbon dioxide in the metabolism of fat, carbohydrate and protein by functioning as an enzyme cofactor. It is involved in multiple biochemical reactions including niacin metabolism, amino acid degradation, and the formation of purine, which is an integral part of nucleic acids. It interacts with histone by the action of biotinyl-transferase. Sometimes the

vitamin is used in weight reduction programs. It may be prescribed as a supplement for diabetic patients due to its role in carbohydrate metabolism. Biotin is commonly found in vitamin B complex and many food sources, such as milk, yeast, egg yolk, cereal, and mushrooms. The reference daily intake [RDI of 101.9(c) (8) (IV)] for vitamin B7 is 300 micrograms. Deficiency in the vitamin may result in seborrheic dermatitis, alopecia, myalgia, hyperesthesia, and conjunctivitis. Disorders of biotin metabolism can be acquired or congenital. Biotinidase and holocarboxylase synthetase deficiency are the two better known forms of disorders. The lack of biotin-dependent pyruvate carboxylase, propionyl-CoA carboxylase, methylcrotonyl-CoA carboxylase, and acetyl-CoA carboxylase can lead to the life-threatening disorder of multiple carboxylase deficiency. Treatment involves a daily dose of approximately 10 mg biotin/day. Irreversible mental or neurological abnormalities may result from delayed clinical intervention.

### Reference Values

Pediatric <12 yrs: 100.0-2460.2 pg/mL

Adults ≥12 yrs: 221.0-3004.0 pg/mL

### Performance

#### Method Description

The Biological Assay employed to quantify the level of biotin in sera uses *Lactobacillus plantarum* as a biotin-dependent microorganism that requires Biotin for growth. The assay consists of a sterile 96-well microplate. The assay is set by placing standard curve volumes, assay media, control serum and test samples in a sterile 96-well plate and adding a set volume of diluted bacterial culture. This culture is placed in last to allow for equal growth and distribution. The bioassay is placed in 37 degrees celsius (± 3 degrees celsius), humidified, 5% (±1%) CO<sub>2</sub> incubator and allowed to incubate 64 to 86 hours. The plate is read for %Transmission. This method measures the ability of light to pass through the bacterial culture inversely measuring bacterial growth by biotin utilization.

#### PDF Report

No

#### Day(s) and Time(s) Test Performed

Monday

#### Analytic Time

1 - 4 days

#### Maximum Laboratory Time

9 - 17 days

#### Performing Laboratory Location

BioAgilytix Diagnostics

### Fees and Codes

#### Fees

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

#### Test Classification

The performance characteristics of the listed assay were validated by Cambridge Biomedical Inc. The US FDA has

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not approved or cleared this test. The results of this assay can be used for clinical diagnosis without FDA approval. Cambridge Biomedical Inc. is a CLIA certified, CAP accredited laboratory for performing high complexity assays such as this one.

**CPT Code Information**

84591

**LOINC® Information**

Test ID	Test Order Name	Order LOINC Value
FBIOT	Biotin (Vitamin B7)	34398-8

Result ID	Test Result Name	Result LOINC Value
Z2042	Biotin (Vitamin B7)	34398-8