Overview

Useful For
A prospective and diagnostic marker for the development of BK virus nephropathy in renal transplant recipients

This test should not be used to screen healthy patients. Depending on the population, varying percentages of patients may be found to be positive.

Method Name
Real-Time Polymerase Chain Reaction (PCR)/DNA Probe Hybridization

NY State Available
Yes

Specimen

Specimen Type
Urine

Shipping Instructions
For optimal results, specimen should arrive within 48 hours of collection.

Specimen Required
Supplies: Urine Tubes, 10 mL (T068)

Container/Tube: Plastic, 10-mL urine tube

Specimen Volume: 1 mL

Collection Instructions:
1. Collect a random urine specimen.
2. No preservative.

Forms
If not ordering electronically, complete, print, and send 1 of the following forms with the specimen:

- Microbiology Test Request (T244)

- Renal Diagnostics Test Request (T830)

Specimen Minimum Volume
0.3 mL

Reject Due To
All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.
Specimen Stability Information

<table>
<thead>
<tr>
<th>Specimen Type</th>
<th>Temperature</th>
<th>Time</th>
<th>Special Container</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urine</td>
<td>Refrigerated (preferred)</td>
<td>14 days</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Frozen</td>
<td>14 days</td>
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</table>

Clinical and Interpretive

Clinical Information

Polyomaviruses are small (45 nm, approximately 5,000 bp), DNA-containing viruses and include 3 closely related viruses of clinical significance; SV-40, JC virus (JCV) and BK virus (BKV). SV-40 naturally infects rhesus monkeys but can infect humans, while BKV and JCV cause productive infection only in humans.(1-2) Acquisition of BKV begins in infancy. Serological evidence of infection by BKV is present in 37% of individuals by 5 years of age and over 80% of adolescents.

BKV is an important cause of interstitial nephritis and associated nephropathy (BKVN) in recipients of kidney transplants. Up to 5% of renal allograft recipients can be affected, and among those patients the average time from transplant to diagnosis is about 40 weeks (range 6-150).(3) PCR analysis of BKV DNA in the plasma is the most widely used blood test for the laboratory diagnosis of BKV-associated nephropathy. Importantly, the presence of BKV DNA in blood reflects the dynamics of the disease: the conversion of plasma from negative to positive for BKV DNA after transplantation, the presence of DNA in plasma in conjunction with the persistence of nephropathy, and its disappearance from plasma after the reduction of immunosuppressive therapy.(4-8) However, BKV DNA is typically detectable in urine prior to plasma and may serve as an indication of impending BKVN. Viral loads of greater than 32,000 IU/mL in urine may also indicate a risk for BKVN. Serial monitoring of viral loads may be indicated to assess changing levels of BKV DNA.

Reference Values

None Detected

Interpretation

Increasing copy levels of BK virus (BKV) DNA in serial specimens may indicate possible BKV-associated nephropathy (BKVN) in kidney transplant patients.

Viral loads of above 32,000 IU/mL in urine may also indicate a risk for BKVN.

This assay does not cross react with other polyomaviruses, including JC virus and SV-40.

Cautions

No significant cautionary statements

Supportive Data

The following validation supports the use of this assay for clinical testing.

Accuracy/Diagnostic Sensitivity and Specificity:

Results from this real-time PCR assay on the LightCycler (LC PCR) were compared to a previous PCR assay (directed to VP2 region of the polyoma virus based on a published method) on 112 plasma specimens and 108 urine
Test Definition: QBKU
BK Virus PCR, Quant, U

specimens. Using the previous method as the gold standard, the diagnostic sensitivity and specificity is 94% and 90% for plasma and 100% and 100% for urine, respectively. The discrepant specimens had low viral DNA copy numbers (<5,000 copies/mL) which is associated with greater variability of quantitative results.

Supplemental Data (Spiking Studies):

To supplement the above data, 30 negative plasma and urine specimens were spiked with BK virus (BKV)-positive control plasmid at the approximate limit of detection (LoD). The 30-spiked specimens were run in a blinded manner along with 57 plasma and 58 urine negative (nonspiked) specimens. The spiked specimens were 100% positive and 100% of the nonspiked specimens were negative.

Analytical Sensitivity/LoD:
The LoD of this assay is 244 DNA target copies per mL in urine and plasma (78 IU/mL).

Analytical Specificity:
No PCR signal was obtained from the extracts of a variety of human viruses that can be found in urine or plasma, including cytomegalovirus, Epstein-Barr virus, human herpesvirus-6, enterovirus, adenovirus, and mumps virus.

Precision:
Qualitative inter-assay and intra-assay precision were 100%. Quantitative values had a standard deviation of <0.25 log10 across the analytical measuring range.

Reference Range:
The reference range of BKV in plasma is "None Detected."

Reportable Range:
Reportable range is from 1,600 to 16,000,000 IU/mL. Acceptable linearity is observed between these values.

Clinical Reference

**Performance**

**Method Description**

Viral nucleic acid is extracted by the MagNA Pure automated instrument (Roche Applied Science) from clinical specimens. Primers are directed to the large T antigen gene, which is a conserved sequence specific for BK virus (BKV). This assay only detects BKV; it does not detect JC virus or SV-40 (other polyoma viruses). The LightCycler instrument (Roche Applied Science) amplifies and monitors the development of target nucleic acid sequences after the annealing step during PCR cycling. This automated PCR system can rapidly detect (30-40 minutes) amplicon development through stringent air-controlled temperature cycling and capillary cuvettes. The detection of amplified products is based on the fluorescence resonance energy transfer (FRET) principle. For FRET product detection, a hybridization probe with a donor fluorophore, fluorescein, on the 3'-end is excited by an external light source and emits light that is absorbed by a second hybridization probe with an acceptor fluorophore, LC-Red 640, at the 5'-end. The acceptor fluorophore then emits a light of a different wave-length that can be measured with a signal that is proportional to the amount of specific PCR product. Quantitative standards are used to develop a standard curve. Specimens with unknown levels of BKV DNA are then compared to the standard curve to determine the copy level of the virus.(Unpublished Mayo method)

**PDF Report**

No

**Day(s) and Time(s) Test Performed**

Monday through Saturday; Varies

**Analytic Time**

2 days

**Maximum Laboratory Time**

5 days

**Specimen Retention Time**

1 week

**Performing Laboratory Location**

Rochester

**Fees and Codes**

**Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

**Test Classification**

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

**CPT Code Information**
**Test Definition: QBKU**

**BK Virus PCR, Quant, U**

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<th>Order LOINC Value</th>
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<tr>
<td>QBKU</td>
<td>BK Virus PCR, Quant, U</td>
<td>33978-8</td>
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<td>87859</td>
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<tr>
<td>606460</td>
<td>BK Quant, U, IU/mL</td>
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