Overview

Useful For
Evaluation of patients with a clinical suspicion of a pyruvate dehydrogenase complex deficiency or an energy metabolism disorder

Genetics Test Information
Pyruvate dehydrogenase complex (PDHC) deficiency is a rare mitochondrial disorder with a clinical presentation consisting of metabolic and neurological components of varying severity.

PDHC should be considered in patients with early-onset neurological disease and unexplained lactic acidosis, especially if structural brain abnormalities are present.

This assay is intended as a screening test to detect decreases in total pyruvate dehydrogenase complex (PDHC) activity and is used for the evaluation of patients with a clinical suspicion of a pyruvate dehydrogenase complex deficiency or an energy metabolism disorder. It is not designed to detect cases of pyruvate dehydrogenase (PDH) kinase or phosphatase deficiencies. Additional molecular or enzymatic testing is necessary to determine the specific defect in the pyruvate dehydrogenase complex. Call 800-533-1710 for test options.

Additional Tests

<table>
<thead>
<tr>
<th>Test ID</th>
<th>Reporting Name</th>
<th>Available Separately</th>
<th>Always Performed</th>
</tr>
</thead>
<tbody>
<tr>
<td>FIBR</td>
<td>Fibroblast Culture</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>CRYOB</td>
<td>Cryopreserve for Biochem Studies</td>
<td>No</td>
<td>Yes</td>
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</table>

Testing Algorithm
When this test is ordered, a fibroblast culture and cryopreservation for biochemical studies will always be performed at an additional charge. However, for multiple lysosomal enzyme assays on a patient utilizing fibroblast culture, only 1 culture is required regardless of the number of enzyme assays ordered. If viable cells are not obtained within 30 days, client will be notified.

Special Instructions
- Informed Consent for Genetic Testing
- Informed Consent for Genetic Testing (Spanish)

Method Name
PDHC: Colorimetric Enzyme Assay
CRYOB: Fibroblast Subculture Followed by Cryopreservation and Storage

NY State Available
Yes

Specimen
Specimen Type
Tissue

Advisory Information
This test is not available for prenatal testing.

Specimen Required
Submit only 1 of the following specimens:

Specimen Type: Cultured fibroblasts

Container/Tube: T-75 or T-25 flask

Specimen Volume: 1 Full T-75 flask or 2 full T-25 flasks

Specimen Stability Information: Ambient (preferred)/Refrigerated <24 hours

Specimen Type: Skin biopsy

Supplies: Fibroblast Biopsy Transport Media (T115)

Container/Tube: Sterile container with any standard cell culture media (eg, minimal essential media, RPMI 1640). The solution should be supplemented with 1% penicillin and streptomycin. Tubes can be supplied upon request (Eagle’s minimum essential medium with 1% penicillin and streptomycin).

Specimen Volume: 4-mm punch

Specimen Stability Information: Refrigerated (preferred)/Ambient

Forms
1. New York Clients-Informed consent is required. Document on the request form or electronic order that a copy is on file. The following documents are available in Special Instructions:
   - Informed Consent for Genetic Testing (T576)
   - Informed Consent for Genetic Testing-Spanish (T826)

2. If not ordering electronically, complete, print, and send an Inborn Errors of Metabolism Test Request (T798) with the specimen.

Reject Due To
| Tissue                  | Specimen in formalin or fixative preservative |

Specimen Stability Information

<table>
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<tr>
<th>Specimen Type</th>
<th>Temperature</th>
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<td>Tissue</td>
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Clinical and Interpretive

Clinical Information

The pyruvate dehydrogenase (PDH) complex (PDHC) catalyzes the oxidative decarboxylation of pyruvate to acetyl-CoA, a critical step in the production of cellular energy. PDHC is a multienzyme complex located in the inner mitochondrial membrane consisting of 6 different components: pyruvate decarboxylase (E1, with alpha and beta subunits), dihydrolipoic transacetylase (E2), dihydrolipoyl dehydrogenase (E3), 2 regulatory enzymes (PDH kinase and PDH phosphatase), and E3-binding protein.

PDHC deficiency is a mitochondrial disorder with a variable clinical presentation ranging from fatal congenital lactic acidosis to relatively mild ataxia or neuropathy. In infants and children with PDHC deficiency, the most common features are delayed development and hypotonia, as well as acquired microcephaly. Seizures and ataxia are also frequent features. Less common manifestations include congenital brain malformations, particularly ventriculomegaly and agenesis of the corpus callosum, or degenerative changes including Leigh disease. Facial dysmorphism is seen in a small portion of patients. PDHC deficiency is one of the most common causes of primary lactic acidosis in children. The severity of the disease progression is thought to be related to the severity of the lactic acidosis as well as the level of residual enzyme activity.

PDHC deficiency can be caused by defects in the E1 alpha, E1 beta, E2, or E3 subunits. The most common cause of PDHC deficiency is a defect in the E1 alpha subunit, which is encoded by the \textit{PDH1} gene located on the X chromosome. Both females and males with a \textit{PDH1} gene mutation are affected with PDHC deficiency; thus, it is classified as X-linked dominant. Mutations in the \textit{PDH1} gene are typically de novo.

A major cause of primary lactic acidosis in children is PDHC deficiency; therefore, it should be suspected when blood and cerebrospinal fluid (CSF) lactate and pyruvate is elevated and the lactate-to-pyruvate (L:P) ratio is normal or slightly elevated. Plasma or CSF alanine (AAQP /Amino Acids, Quantitative, Plasma or AACSF /Amino Acids, Quantitative, Spinal Fluid) may also be increased.

A diagnosis of PDHC deficiency depends on the measurement of enzyme activity in cells or tissues, most commonly in skin fibroblasts.

Reference Values

- >25.00 nmol/min/g protein (Normal)
- 5.00-25.00 nmol/min/g protein (Indeterminate)
- <5.00 nmol/min/g protein (Deficient)

Reference values apply to all ages.

Interpretation

When below-normal enzyme activities are detected, a detailed interpretation is given. This interpretation includes an overview of the results and their significance, a correlation to available clinical information, elements of differential diagnosis, and recommendations for additional biochemical testing.

Cautions

No significant cautionary statements

Clinical Reference


### Performance

#### Method Description

Pyruvate dehydrogenase complex (PDHC) enzyme is isolated using an immunocapture (enzyme-linked immunosorbent assay: ELISA) method followed by colorimetric measurement of enzyme activity. Following addition of substrate to the isolated enzyme, PDHC activity is monitored colorimetrically and results are calculated based on the reduction of NADH+ to NAD.(Instruction manual: Pyruvate Dehydrogenase [PDH] Enzyme Activity Microplate Assay Kit. Abcam, Inc, Cambridge, MA 02139-1517, USA, 2012)

#### PDF Report

No

#### Day(s) and Time(s) Test Performed

Varies

#### Analytic Time

60-70 days depending on rapidity of growth

#### Maximum Laboratory Time

70 days

#### Specimen Retention Time

3 years - Check with the lab for availability

#### Performing Laboratory Location

Rochester

#### Fees and Codes

#### Fees

- Authorized users can sign in to Test Prices for detailed fee information.
- Clients without access to Test Prices can contact Customer Service 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact Customer Service.

#### Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.
**CPT Code Information**

84311-PDHC

88233-Fibroblast culture

88240-Cryopreservation for biochemical studies

**LOINC® Information**

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