Overview

Useful For
Diagnosing Q fever

Testing Algorithm

Special Instructions
- Infective Endocarditis: Diagnostic Testing for Identification of Microbiological Etiology

Method Name
Indirect Immunofluorescence

NY State Available
Yes

Specimen

Specimen Type
Serum

Specimen Required
Container/Tube:
Preferred: Serum gel
Acceptable: Red top

Specimen Volume: 0.5 mL

Forms
If not ordering electronically, complete, print, and send a Microbiology Test Request (T244) with the specimen.

Specimen Minimum Volume
0.25 mL

Reject Due To

<table>
<thead>
<tr>
<th>Gross hemolysis</th>
<th>Reject</th>
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</thead>
<tbody>
<tr>
<td>Gross lipemia</td>
<td>Reject</td>
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Specimen Stability Information

<table>
<thead>
<tr>
<th>Specimen Type</th>
<th>Temperature</th>
<th>Time</th>
<th>Special Container</th>
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<tbody>
<tr>
<td>Serum</td>
<td>Refrigerated (preferred)</td>
<td>7 days</td>
<td></td>
</tr>
<tr>
<td></td>
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Clinical and Interpretive

Clinical Information

Q fever, a rickettsial infection caused by *Coxiella burnetii*, has been recognized as a widely distributed zoonosis with the potential for causing both sporadic and epidemic disease. The resistance of *C. burnetii* to heat, chemical agents, and desiccation allows the agent to survive for extended periods outside the host.

The infection is spread by the inhalation of infected material, mainly from sheep and goats. They shed the organism in feces, milk, nasal discharge, placental tissue, and amniotic fluid.

The clinical spectrum of disease ranges from unapparent to fatal. Respiratory manifestations usually predominate; endocarditis and hepatitis can be complications.

During the course of the infection, the outer membrane of the organism undergoes changes in its lipopolysaccharide structure, called phase variation. Differences in phase I and phase II antigen presentation can help determine if the infection is acute or chronic:

- In acute Q fever, the phase II antibody is usually higher than the phase I titer, often by 4-fold, even in early specimens. Although a rise in phase I as well as phase II titers may occur in later specimens, the phase II titer remains higher.

- In chronic Q fever, the reverse situation is generally seen. Serum specimens collected late in the illness from chronic Q fever patients demonstrate significantly higher phase I titers, sometimes much greater than 4-fold.

- In the case of chronic granulomatous hepatitis, IgG and IgM titers to phase I and phase II antigens are quite elevated, with phase II titers generally equal to or greater than phase I titers.

- Titers seen in Q fever endocarditis are similar in magnitude, although the phase I titers are quite often higher than the phase II titers.

Reference Values

Q FEVER PHASE I ANTIBODY, IgG

<1:16

Q FEVER PHASE II ANTIBODY, IgG

<1:16

Q FEVER PHASE I ANTIBODY, IgM

<1:16

Q FEVER PHASE II ANTIBODY, IgM

<1:16

Reference values apply to all ages.

Interpretation
Phase I antibody titers greater than or equal to phase II antibody titers are consistent with chronic infection or convalescent phase Q fever.

Phase II antibody titers greater than or equal to phase I antibody titers are consistent with acute/active infection.

A negative result argues against *Coxiella burnetii* infection. If early acute Q fever infection is suspected, collect a second specimen 2 to 3 weeks later and retest.

In Q fever sera, it is common to see IgG titers of 1:128 or greater to both phase I and phase II antibody titers. IgG class antibody titers appear very early in the disease, reaching maximum phase II titers by week 8 and persisting at elevated titers for longer than a year. Phase I titers follow the same pattern, although at much lower levels, and may not be initially detected until convalescence.

In Q fever sera, it is common to see IgM titers of 1:64 or greater.

IgM class antibody titers appear very early in the disease, reaching maximum phase II titers by week 3 and declining to very low levels by week 14. Phase I titers follow the same pattern, although at much lower levels, and may not be initially detected until convalescence.

**Cautions**

Serologic responses are time-dependent. Specimens collected too early in the disease may not have detectable antibody levels. A second specimen collected 2 to 4 weeks later may be necessary to detect antibody.

**Clinical Reference**


**Performance**

**Method Description**

An indirect immunofluorescence test is used for the measurement of IgM and/or IgG antibodies to *Coxiella burnetii*. Specific antibodies present in the serum of the patient react with rickettsial cells that have been previously fixed on a glass microscope slide. Fluorescein-labeled antihuman IgG or IgM conjugate is used to stain specific antibody bound to the substrate cells. The slides are examined with a fluorescence microscope for characteristic, apple-green fluorescence of the infected cell. (Edlinguer B: Immunofluorescence serology: a tool for prognosis of Q fever Diagn Microbiol Infect Dis. 1985;3:343-351; package inserts: Q fever IFA IgG. Focus Diagnostics, Inc; 08/2016; Q fever IFA IgM. Focus Diagnostics, Inc; 08/2016)

**PDF Report**

No

**Day(s) and Time(s) Test Performed**

Monday through Friday; 9 a.m.

**Analytic Time**
Test Definition: QFP
Q Fever Ab, IgG and IgM, S

Same day/1 day

**Maximum Laboratory Time**
3 days

**Specimen Retention Time**
14 days

**Performing Laboratory Location**
Rochester

**Fees and Codes**

**Fees**
- Authorized users can sign in to Test Prices for detailed fee information.
- Clients without access to Test Prices can contact Customer Service 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact Customer Service.

**Test Classification**
This test has been cleared, approved or is exempt by the U.S. Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

**CPT Code Information**
86638 x 4

**LOINC® Information**

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