

**Overview**
**Useful For**

Monitoring trimethoprim therapy to ensure drug absorption, clearance, or compliance

**Method Name**

Liquid-Chromatography Tandem Mass Spectrometry (LC-MS/MS)

**NY State Available**

Yes

**Specimen**
**Specimen Type**

Serum Red

**Specimen Required**

**Collection Container/Tube:** Red top (gel tubes/SST are **not** acceptable)

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 1 mL

**Collection Instructions:**

1. Serum for a peak level should be drawn at least 60 minutes after a dose.
2. Centrifuge within 2 hours of collection.

**Forms**

If not ordering electronically, complete, print, and send a [Therapeutics Test Request](#) (T831) with the specimen.

**Specimen Minimum Volume**

0.2 mL

**Reject Due To**

Gross hemolysis	OK
Gross lipemia	OK
Gross icterus	OK

**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Serum Red	Refrigerated (preferred)	28 days	
	Ambient	28 days	
	Frozen	28 days	

## Clinical and Interpretive

### Clinical Information

Trimethoprim is coadministered with sulfamethoxazole for prophylaxis or treatment of bacterial infections. These agents are used to treat a variety of infections including methicillin-resistant *Staphylococcus aureus*, and for prophylaxis in immunosuppressed patients such as HIV-positive individuals.

Trimethoprim has a wide therapeutic index and dose-dependent toxicity. Trimethoprim accumulates in patients with renal failure.

Therapeutic drug monitoring is not commonly performed unless there are concerns about adequate absorption, clearance, or compliance. Accordingly, routine drug monitoring is not indicated in all patients.

### Reference Values

>2.0 mcg/mL

### Interpretation

Most patients will display peak steady state serum concentrations more than 2.0 mcg/mL when the specimen is collected at least 1 hour after an oral dose. Target concentrations may be higher depending on the intent of therapy.

### Cautions

Specimens collected in serum gel tubes are not acceptable, as the drug can absorb on the gel and lead to falsely decreased concentrations.

### Clinical Reference

1. Kamme C, Melander A, Nilsson N: Serum and saliva concentrations of sulfamethoxazole and trimethoprim in adults in children: relation between saliva concentrations and in vitro activity against nasopharyngeal pathogens. *Scand J Infect Dis* 1983;15:107-113
2. Young T, Oliphant C, Araoyinbo I, Volmink J: Co-trimoxazole prophylaxis in HIV: the evidence. *S Afr Med J* 2008 April;98(4):258-259
3. Avdic E, Cosgrove S: Management and control strategies for community-associated methicillin-resistant *Staphylococcus aureus*. *Expert Opin Pharmacother* 2008 June;9(9):1463-1479
4. Goodman and Gilman's: The Pharmacological Basis of Therapeutics. 13th edition. Edited by LL Brunton, R Hilal-Dandan, BC Knollmann. McGraw-Hill Publishing, 2018

## Performance

### Method Description

Samples are extracted with analyte detection by mass spectrometry.(Unpublished Mayo method)

### PDF Report

No

### Day(s) and Time(s) Test Performed

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Monday, Thursday; 1 p.m.

**Analytic Time**

2 days

**Maximum Laboratory Time**

5 days

**Specimen Retention Time**

14 days

**Performing Laboratory Location**

Rochester

**Fees and Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

**Test Classification**

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

**CPT Code Information**

80299

**LOINC® Information**

Test ID	Test Order Name	Order LOINC Value
TMP	Trimethoprim, S	11005-6

Result ID	Test Result Name	Result LOINC Value
80146	Trimethoprim, S	11005-6