

Overview

Useful For

Monitoring abstinence in clinical and justice system settings using ethyl glucuronide and ethyl sulfate as direct biomarkers or metabolites of ethanol

This chain-of-custody test is intended to be used in a setting where the test results can be used definitively to make a diagnosis.

Additional Tests

Test ID	Reporting Name	Available Separately	Always Performed
COCH	Chain of Custody Processing	No	Yes
ADLTX	Adulterants Survey, CoC, U	Yes	Yes

Testing Algorithm

Adulterants testing will be performed on all chain-of-custody urine samples as per regulatory requirements.

Method Name

ETGX: Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS)

ADLTX: Spectrophotometry (SP)

NY State Available

Yes

Specimen

Specimen Type

Urine

Specimen Required

Supplies: Chain of Custody Kit (T282)

Container/Tube: Chain of Custody Kit (T282) containing the specimen containers, seals, and documentation required.

Specimen Volume: 20 mL

Collection Instructions: Collect specimen in the provided container, seal, and submit with the associated documentation to satisfy the legal requirements for chain-of-custody testing.

Additional Information: Submitting <20 mL will compromise our ability to perform all necessary testing.

Forms

If not ordering electronically, complete, print, and send a [Therapeutics Test Request](#) (T831) with the specimen.

Specimen Minimum Volume

2.5 mL

Reject Due To

All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.

Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	28 days	
	Frozen	28 days	
	Ambient	72 hours	

Clinical and Interpretive**Clinical Information**

Ethyl glucuronide and ethyl sulfate are minor metabolites of ethanol that are detectable in body fluids following alcohol consumption and, less commonly, following extraneous exposure. Ethyl glucuronide (EtG) and ethyl sulfate (EtS) are direct biomarkers or metabolites of ethanol. EtG and EtS can be detected up to 5 days in urine using a cutoff of 500 ng/mL.(1)

Chain of custody is a record of the disposition of a specimen to document who collected it, who handled it, and who performed the analysis. When a specimen is submitted in this manner, analysis will be performed in such a way that it will withstand regular court scrutiny. Chain of custody is required whenever the results of testing could be used in a court of law. Its purpose is to protect the rights of the individual contributing the specimen by demonstrating that it was under the control of personnel involved with testing the specimen at all times; this control implies that the opportunity for specimen tampering would be limited.

Reference Values

Negative

Cutoff concentrations:

Ethyl Glucuronide: 500 ng/mL

Interpretation

A positive interpretation will be given if either the ethyl glucuronide result is greater than or equal to 250 ng/mL and/or the ethyl sulfate is greater than or equal to 100 ng/mL.

A "high" positive (ie, >1,000 ng/mL) may indicate:

-Heavy drinking on the same day or previously (ie, previous day or 2).

-Light drinking the same day

A "low" positive (ie, 500-1,000 ng/mL) may indicate:

- Previous heavy drinking (ie, previous 1-3 days).
- Recent light drinking (ie, past 24 hours).
- Recent intense "extraneous" exposure (ie, within 24 hours or less).

A "very low" positive (ie, 100-500 ng/mL) may indicate:

- Previous heavy drinking (ie, 1-3 days)
- Previous light drinking (ie, 12-36 hours).
- Recent "extraneous" exposure.

Cautions

Please note that incidental exposure to alcohol in many daily use products (ie, hand sanitizers, mouthwash) may result in detectable levels of ethyl glucuronide (EtG) and ethyl sulfate (EtS).

In addition, upper respiratory infections as well as beta glucuronidase hydrolysis may lower levels of EtG, but do not seem to affect EtS.(2)

EtG/EtS results should be interpreted in the context of all available clinical and behavioral information.

Clinical Reference

1. Reisfield GM, Goldberger BA, Crews BO, et al: Ethyl glucuronide, ethyl sulfate, and ethanol in urine after sustained exposure to an ethanol-based hand sanitizer. *J Anal Toxicol* 2011;35:85-91
2. The role of biomarkers in the treatment of alcohol use disorders. 2012 Revision Substance Abuse and Mental Health Services Administration. *Spring* 2012;11(2):1-7

Performance

Method Description

The urine sample is diluted with internal standard in 0.1% formic acid for detection by a tandem mass spectrometer (MS/MS).(Unpublished Mayo method)

PDF Report

No

Day(s) and Time(s) Test Performed

Monday through Friday

Analytic Time

Same day/1 day

Maximum Laboratory Time

2 days

Specimen Retention Time

14 days

Performing Laboratory Location

Rochester

Fees and Codes**Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

CPT Code Information

80307

80321 (if appropriate)

LOINC® Information

Test ID	Test Order Name	Order LOINC Value
ETGX	Ethyl Glucuronide Conf, CoC, U	93705-2

Result ID	Test Result Name	Result LOINC Value
36853	ETG Immunoassay Screen	93706-0
63418	Ethyl Glucuronide	58378-1
36850	Ethyl Sulfate	58425-0
36852	Chain of Custody	77202-0
36851	Ethyl Gluc/Sulfate Interpretation	59462-2