

Overview**Useful For**

Determining glomerular filtration rate in plasma specimens

Method Name

Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS)

NY State Available

Yes

Specimen**Specimen Type**

Plasma Heparin

Specimen Required

Supplies: Aliquot Tube, 5 mL (T465)

Collection Container/Tube: Green top (heparin)

Submission Container/Tube: Plastic, 5-mL tube (T465)

Specimen Volume: 1 mL

Forms

If not ordering electronically, complete, print, and send a [Renal Diagnostics Test Request](#) (T830) with the specimen.

Specimen Minimum Volume

0.5 mL

Reject Due To

All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.

Specimen Stability Information

| Specimen Type | Temperature | Time | Special Container |
|----------------|--------------------------|---------|-------------------|
| Plasma Heparin | Refrigerated (preferred) | 7 days | |
| | Frozen | 35 days | |

Clinical and Interpretive**Clinical Information**

The assessment of glomerular filtration rate (GFR) is an important parameter of renal function utilized by clinicians in

the care of patients with varying renal diseases, and for clinical research when precise assessment of renal function is necessary. The GFR is the sum of all the filtration rates of the individual nephrons within the kidney and, as such, reflects the number of functioning nephrons.

Plasma concentrations of iohexol can be used for measurement of GFR through multiple plasma iohexol determinations following an intravenous bolus injection of iohexol (plasma disappearance), or following a continuous infusion (or subcutaneous injection) of iohexol when used in conjunction with urine iohexol determinations (urinary clearance; HEXU / Iohexol, Timed Collection, Urine).

Reference Values

Not applicable

Interpretation

Low glomerular filtration rate (GFR) values indicate abnormal renal function, which may be either reversible/transient or irreversible/permanent. GFR tends to decline with age.

Cautions

A theoretical complication to injection of iodinated contrast media (one that has not been observed clinically to date) is the transient suppression of thyroid function in premature and newborn infants. Therefore, a sensitive thyrotropin test is suggested approximately 2 to 3 weeks after an iohexol clearance in that age group.

Clinical Reference

1. Brown SC, O'Reilly PH: Iohexol clearance for the determination of glomerular filtration rate in clinical practice: evidence for a new gold standard. *J Urol* 1991;146:675-679
2. Gaspari F, Perico N, Ruggenenti P, et al: Plasma clearance of nonradioactive iohexol as a measure of glomerular filtration rate. *J Am Soc Nephrol* 1995;6:257-263
3. Schwartz GJ, Abraham AG, Furth SL, et al: Optimizing iohexol plasma disappearance curves to measure the glomerular filtration rate in children with chronic kidney disease. *Kidney Int* 2010;77:65-71

Performance

Method Description

Blood specimens are obtained after subcutaneous injection of nonradiolabeled iohexol. Iohexol results are acquired via a liquid chromatography-tandem mass spectrometry (LC-MS/MS) system. A ThermoFisher LX-2 Cohesive HPLC System, and an ABSciex 5500 MS/MS are used for analysis. (Seegmiller JC, Burns BE, Lieske JC, et al: Discordant glomerular filtration rate determinations between iohexol and iothalamate renal clearances. Poster Session at: Renal Week 2010. 43rd Annual Meeting of the American Society of Nephrology. Denver, CO, 2010 Nov 16-21)

PDF Report

No

Day(s) and Time(s) Test Performed

Monday through Friday; 8 a.m.-4:30 p.m.

Analytic Time

3 days

Maximum Laboratory Time

4 days

Specimen Retention Time

7 days

Performing Laboratory Location

Rochester

Fees and Codes**Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

Test Classification

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

CPT Code Information

82542

LOINC® Information

| Test ID | Test Order Name | Order LOINC Value |
|---------|-----------------|-------------------|
| HEXP | Iohexol, Plasma | 93974-4 |

| Result ID | Test Result Name | Result LOINC Value |
|-----------|------------------|--------------------|
| 61713 | Iohexol, P | 93974-4 |