

**Overview****Useful For**

Detecting mercury toxicity using random urine specimens

**Special Instructions**

- [Trace Metals Analysis Specimen Collection and Transport](#)

**Method Name**

Only orderable as part of profile. For more information see:

HGU CR / Mercury/Creatinine Ratio, Random, Urine

HMUCR / Heavy Metal/Creatinine Ratio, with Reflex, Random Urine.

Inductively Coupled Plasma-Mass Spectrometry (ICP-MS)

**NY State Available**

Yes

**Specimen****Specimen Type**

Urine

**Specimen Required**

Only orderable as part of profile. For more information see:

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HMUCR / Heavy Metal/Creatinine Ratio, with Reflex, Random Urine.

**Specimen Minimum Volume**

1.5 mL

**Reject Due To**

All specimens will be evaluated at Mayo Clinic Laboratories for test suitability.

**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	7 days	
	Frozen	7 days	

**Clinical and Interpretive**

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## Clinical Information

The correlation between the levels of mercury (Hg) excretion in the urine and the clinical symptoms is considered poor.

It had always been thought that urine was a more appropriate marker of inorganic mercury, because organic mercury represented only a small fraction of urinary mercury. Based on possible demethylation of methylmercury within the body, urine may represent a mixture of dietary methylmercury and inorganic mercury. Seafood consumption can contribute to urinary mercury levels (up to 30%),<sup>(1)</sup> which is consistent with the suggestion that due to demethylation processes in the human body, a certain proportion of urinary mercury can originate from dietary consumption of fish/seafood.<sup>(2)</sup>

For additional information, see HG / Mercury, Blood.

## Reference Values

Only orderable as part of profile. For more information see:

HGUCR / Mercury/Creatinine Ratio, Random, Urine

HMUCR / Heavy Metal/Creatinine Ratio, with Reflex, Random Urine.

## Interpretation

Daily urine excretion of mercury above 50 mcg/day indicates significant exposure (per World Health Organization standard).

## Cautions

To avoid contamination by dust, specimen should be collected away from the site of suspected exposure.

## Clinical Reference

1. Snoj Tratniid J, Falnoga I, Mazej D, et al: Results of the first national human biomonitoring in Slovenia: Trace elements in men and lactating women, predictors of exposure and reference values. *Int J Hyg Environ Health*. 2019;222(3):563-582
2. Sherman LS, Blum JD, Franzblau A, Basu N: New insights into biomarkers of human mercury exposure using naturally occurring mercury stable isotopes. *Environ Sci Technol*. 2013;47(7):3403-3409
3. Lee R, Middleton D, Caldwell K, et al. A review of events that expose children to elemental mercury in the United States. *Environ Health Perspect*. 2009 Jun;117(6):871-878
4. Bjorkman L, Lundekvam BF, Laegreid T, et al: Mercury in human brain, blood, muscle and toenails in relation to exposure: an autopsy study. *Environ Health*. 2007 Oct 11;6:30

## Performance

### Method Description

Mercury (Hg) in urine is analyzed by inductively coupled plasma-mass spectrometry (ICP-MS) in kinetic energy discrimination (KED) mode using gallium (Ga), rhodium (Rh), and iridium (Ir) as internal standards and a 5% nitric acid salt matrix calibration. (Unpublished Mayo method)

### PDF Report

No

**Day(s) Performed**

Monday through Friday

**Report Available**

1 day

**Specimen Retention Time**

14 days

**Performing Laboratory Location**

Rochester

**Fees and Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

**Test Classification**

This test was developed and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the U.S. Food and Drug Administration.

**LOINC® Information**

Test ID	Test Order Name	Order LOINC Value
HGCU	Mercury/Creatinine Ratio, U	13465-0

Result ID	Test Result Name	Result LOINC Value
608903	Mercury/Creatinine Ratio, U	13465-0