



# Spinal Fluid Specimen Collection Instructions for Alpha-Synuclein Protein Aggregates



ASYNCR / Alpha-Synuclein Protein Aggregates, Spinal Fluid

## SPECIMEN AND COLLECTION TUBE REQUIREMENTS

**Supplies:** Sterile Specimen Tube, 6 mL (T485)

**Container/Tube:** Sterile tube

**Specimen Volume:** 1 mL

## COLLECTION INSTRUCTIONS

1. Perform lumbar puncture and discard the first 1 to 2 mL of cerebrospinal fluid (CSF).
2. Collect 1 mL of CSF directly into a sterile tube.
3. Inspect specimen for visible discoloration. **Specimen must be clear and colorless** to perform testing. **Do not centrifuge.**
4. Freeze specimen upright before placing in transport container.
5. Ship frozen.

**Note:** Polypropylene tubes are recommended for transport.