



Complete and return this form with your specimen. Specimens received without this information may be rejected.

Instructions for the Patient

- **Do not** brush teeth before collecting specimen.
- **Do not** eat or drink for 15 minutes prior to specimen collection.
- Collect specimen between 11 pm and midnight.*
- Record the exact collection date and time on **BOTH** the container label on the swab tube and in the yellow box on this form.

Collection Date (mm-dd-yyyy) _____ Time (hh:mm) _____ am pm

To Use the Salivette

1. Remove top cap of the tube to expose the swab.
2. Place swab directly into the mouth by tipping the tube so the swab falls into the mouth. **Do not** let fingers touch the swab.
3. Keep the swab in the mouth for approximately 2 minutes. Roll the swab in the mouth. **Do not** chew the swab.
4. Spit the swab back into the tube. **Do not** let fingers touch the swab.
5. Replace the cap. Make sure cap is pushed on tightly.
6. Record the exact collection date and time on barcode label and on this form.
7. Return the tube (with swab) and this sheet to your healthcare provider within 24 to 48 hours. Be sure to write the collection date and time on this form.

***Note:** The doctor may require a different collection time. Specimens may also be collected from 7 to 9 am or 3 to 5 pm, depending on the doctor's instructions.

Barcode
Label