



Complete and return this form with your specimen. Specimens received without this information may be rejected.

Instructions for the Patient

- **Do not** brush teeth, eat, drink, or take any oral medication for at least 60 minutes before collecting specimen.
- Rinse mouth thoroughly with water for 1–5 seconds, then wait 10 minutes before collecting specimen.
- Collect specimen between 11 pm and midnight.*
- Document Patient ID or Birth Date on the container label of the swab tube.
- Record the exact collection date and time on BOTH the container label (swab tube) and in the box below:

Barcode
Label

Collection Date (mm-dd-yyyy)

Collection Time (hh:mm)

☐ am

☐ pm

To Use the Salivette



1. Remove top cap of the tube to expose the swab.



4. Spit the swab back into the tube. **Do not** let fingers touch the swab.



2. Place swab directly into the mouth by tipping the tube so the swab falls into the mouth. **Do not** let fingers touch the swab.



5. Replace the cap. Make sure cap is pushed on tightly.



3. Keep the swab in the mouth for approximately 2 minutes. Roll the swab in the mouth. **Do not** chew the swab.

6. Record the exact collection date and time on barcode label and on this form.

7. Return the tube (with swab) and this sheet to your healthcare provider within 24 to 48 hours. Be sure to write the collection date and time on this form.



* Your healthcare professional may require a different collection time. Specimens may also be collected from 7 to 9 am, or 3 to 5 pm, depending on your healthcare professional's instructions.