



* For **12 hours before specimen collection** for any thyroid test listed in this algorithm, the patient should not take multivitamins or dietary supplements containing biotin (vitamin B7), which is commonly found in hair, skin, and nail supplements and multivitamins.
 ** Adult s-TSH reference ranges. For pediatric intervals, see [STSH / Thyroid-Stimulating Hormone-Sensitive \(s-TSH\), Serum](#)