

Reporting Title: Beta-Hydroxybutyrate, S
Performing Location: Mayo Clinic Laboratories - Rochester Main Campus

Specimen Requirements:

Collection Container/Tube:

Preferred: Serum gel

Acceptable: Red top

Submission Container/Tube: Plastic vial

Specimen Volume: 1 mL

Collection Instructions:

- 1. Serum gel tubes should be centrifuged within 2 hours of collection.
- 2. Red-top tubes should be centrifuged, and the serum aliquoted into a plastic vial within 2 hours of collection.

Specimen Type	Temperature	Time	Special Container
Serum	Frozen (preferred)	7 days	
	Refrigerated	7 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
BHYD	Beta-Hydroxybutyrate, S	Numeric	mmol/L	6873-4

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

82010

Reference Values:

<0.4 mmol/L