

Reporting Title: Leptin

Performing Location: Esoterix Endocrinology

Specimen Requirements:

Patient Preparation: Fasting 8-12 hours is recommended.

Specimen Type: Serum

Container/Tube: Red or SST

Specimen Volume: 1 mL

Collection Instructions: Draw blood in a plain red-top tube(s), serum gel tube(s) is acceptable. Separate from cells within 45 minutes of venipuncture and send 1 mL of serum frozen in a plastic vial.

Note: EDTA (lavender-top) plasma is an acceptable alternate.

Specimen Type	Temperature	Time	Special Container
Serum	Frozen (preferred)		
	Ambient	8 days	
	Refrigerated	14 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z0262	Leptin	Alphanumeric		21365-2

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

83520

Reference Values:

Units: ng/mL

Adults (BMI=22)

Males: 0.7-5.3

Females: 3.3-18.3

Contact laboratory for other BMI reference ranges.