

Reporting Title: LDL Cholesterol, Direct
Performing Location: ARUP Laboratories

Specimen Requirements:

Collection Container/Tube:

Preferred: Serum gel

Acceptable: Red top

Specimen Volume: 1.0 mL

Collection Instructions:

- 1. Centrifuge and aliquot 1.0 mL of serum into a plastic vial.
- 2. Send refrigerate.

Specimen Type	Temperature	Time	Special Container
Serum	Refrigerated (preferred)	7 days	
	Frozen	365 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
FLDLD	LDL Cholesterol, Direct	Alphanumeric		18262-6

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

83721

Reference Values:

0-19 years:

Desirable: 109 mg/dL or less

Borderline: 110-129 mg/dL

Higher risk: 130 mg/dL or greater

20 years and older:

Desirable: 129 mg/dL or less (99 mg/dL or less if patient has CHD)

Borderline: 130-159 mg/dL

Higher risk: 160 mg/dL or greater