

**Reporting Title:** Aldosterone, RAV, P  
**Performing Location:** Mayo Clinic Laboratories - Rochester Superior Drive

**Specimen Requirements:**

**Patient Preparation:** Spironolactone (Aldactone) should be discontinued for 4 to 6 weeks before specimen collection. The plasma renin activity cannot be interpreted if the patient is being treated with spironolactone.

**Supplies:** Sarstedt Aliquot Tube, 5 mL (T914)

**Collection Container/Tube:** Lavender top (EDTA)

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 1.6 mL

**Collection Instructions:**

1. See [Renin-Aldosterone Studies](#) for detailed instructions.
2. The recommended collection time is 8 a.m., after the patient is active for approximately 2 hours. Try to collect the specimen as close to that time as possible and no later than 10 a.m.
3. Centrifuge and aliquot plasma into a plastic vial.

Specimen Type	Temperature	Time	Special Container
Plasma EDTA	Frozen (preferred)	30 days	
	Ambient	4 days	
	Refrigerated	28 days	

**Result Codes:**

Result ID	Reporting Name	Type	Unit	LOINC®
65426	Aldosterone, RAV, P	Numeric	ng/dL	1763-2

LOINC® and CPT codes are provided by the performing laboratory.

**Supplemental Report:**

No

**CPT Code Information:**

82088

**Reference Values:**

No established reference values.