

Reporting Title: Sodium, 24 HR, U

Performing Location: Mayo Clinic Laboratories - Rochester Main Campus

Necessary Information:

24-Hour volume (in milliliters) is required.

Specimen Requirements:

Supplies: Sarstedt 5 mL Aliquot Tube (T914)

Collection Container/Tube: 24-hour graduated urine container with no metal cap or glued insert

Submission Container/Tube: Plastic tube or a clean, plastic aliquot container with no metal cap or glued insert

Specimen Volume: 5 mL

Collection Instructions:

1. Collect urine for 24 hours.
2. Refrigerate specimen within 4 hours of completion of 24-hour collection.

Additional Information: See [Urine Preservatives-Collection and Transportation for 24-Hour Urine Specimens](#) for multiple collections.

Urine Preservative Collection Options:

Note: The addition of preservative or application of temperature controls **must occur within 4 hours of completion** of the collection.

Ambient	OK
Refrigerate	Preferred
Frozen	OK
50% Acetic Acid	OK
Boric Acid	OK
Diazolidinyl Urea	OK
6M Hydrochloric Acid	OK
6M Nitric Acid	No
Sodium Carbonate	No
Thymol	OK
Toluene	No

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	14 days	
	Ambient	7 days	
	Frozen	30 days	

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Type	Reportable
NAU	TM11	Collection Duration	Plain Text	Yes
NAU	VL9	Urine Volume	Plain Text	Yes

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
NA_24	Sodium, 24 HR, U	Numeric	mmol/24 h	2956-1
TM11	Collection Duration	Numeric	h	13362-9
VL9	Urine Volume	Numeric	mL	3167-4
NACN	Sodium Concentration	Numeric	mmol/L	21525-1

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

84300

Reference Values:

> or =18 years: 22-328 mmol/24 hours

Reference values have not been established for patients who are less than 18 years of age.