



Test Definition: ADMA

Asymmetric Dimethylarginine, Plasma

Reporting Title: Asymmetric dimethylarginine, P
Performing Location: Mayo Clinic Laboratories - Rochester Main Campus

Specimen Requirements:

Patient Preparation:

Fasting: 12 hours, required

Collection Container/Tube: Lavender top (EDTA)

Submission Container/Tube: Plastic vial

Specimen Volume: 1 mL

Collection Instructions:

1. Centrifuge and aliquot 1 mL of plasma into a plastic vial.
2. Send specimen frozen.

Forms:

If not ordering electronically, complete, print, and send a [Cardiovascular Test Request Form](#) (T724) with the specimen.

Specimen Type	Temperature	Time	Special Container
Plasma EDTA	Frozen (preferred)	90 days	
	Ambient	7 days	
	Refrigerated	7 days	

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
83651	Asymmetric dimethylarginine, P	Numeric	ng/mL	80981-4

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

82542

Reference Values:

> or =18 years: 63-137 ng/mL

Reference values have not been established for patients who are <18 years of age