



Test Definition: F5M

5-Methyltetrahydrofolate

Reporting Title: 5-Methyltetrahydrofolate

Performing Location: Medical Neurogenetics, LLC

Specimen Requirements:

Medical Neurogenetics collection kit (T657) required.

Each collection kit contains 5 microcentrifuge tubes.

COLLECTION PROTOCOL:

- 1) CSF should be collected from the first drop into the tubes in the numbered order. Fill each tube to the marked line with the required volumes
Tube 1: 0.5 mL
Tube 2: 1.0 mL
Tube 3: 1.0 mL (contains antioxidants necessary to protect the sample integrity)
Tube 4: 1.0 mL
Tube 5: 1.0 mL
 - If sample's not blood contaminated, the tubes should be placed on dry ice at bedside
 - If sample's are blood contaminated, the tubes should immediately be centrifuged (prior to freezing) and the clear CSF transferred to new similarly labeled tubes, then frozen
 - Store samples at -80 until they can be shipped
- 2) Complete Medical Neurogenetics, LLC request form. Include test required, sample date and date of birth.
- 3) Label tubes with patient name and ID number, leaving the tube number viewable.
- 4) Place samples inside a specimen transport bag and the Medical Neurogenetics, LLC request form inside the pouch of the transport bag.
- 5) Ship samples frozen on dry ice.

Specimen Type	Temperature	Time	Special Container
CSF	Frozen		CSF KIT

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z2241	5-Methyltetrahydrofolate	Numeric	nmol/L	47547-5
Z2242	Interpretation	Numeric		Not Provided

LOINC® and CPT codes are provided by the performing laboratory.

Supplemental Report:

Referral

CPT Code Information:

82542

Reference Values:

5-Methyltetrahydrofolate

<u>Age</u> (years)	<u>5MTHF</u> (nmol/L)
0-0.2	40-240
0.2-0.5	40-240
0.5-2.0	40-187
2.0-5.0	40-150
5.0-10	40-128
10-15	40-120
Adults	40-120

Note: If test results are inconsistent with the clinical presentation, please call our laboratory to discuss the case and/or submit a second sample for confirmatory testing.

DISCLAIMER required by the FDA for high complexity clinical laboratories: HPLC testing was developed and its performance characteristics determined by Medical Neurogenetics. These HPLC tests have not been cleared or approved by the U.S. FDA.