Test Definition: ADMA
Asymmetric dimethylarginine, P

Reporting Title: Asymmetric dimethylarginine, P
Performing Location Rochester

Specimen Requirements:
Patient Preparation: Fasting-overnight (12 hours)
Collection Container/Tube: Lavender top (EDTA)
Submission Container/Tube: Plastic vial
Specimen Volume: 1 mL
Collection Instructions:
1. Centrifuge and aliquot 1 mL of plasma into plastic vial.
2. Send specimen frozen.

Forms:
If not ordering electronically, complete, print, and send a Cardiovascular Test Request Form (T724) with the specimen.

<table>
<thead>
<tr>
<th>Specimen Type</th>
<th>Temperature</th>
<th>Time</th>
<th>Special Container</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plasma EDTA</td>
<td>Frozen (preferred)</td>
<td>90 days</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ambient</td>
<td>7 days</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Refrigerated</td>
<td>7 days</td>
<td></td>
</tr>
</tbody>
</table>

Supplemental Report:
No

CPT Code Information:
82542

Reference Values:
> or =18 years: 63-137 ng/mL
Reference values have not been established for patients who are <18 years of age