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**Reporting Title:** Asymmetric dimethylarginine, P  
**Performing Location** Rochester

**Specimen Requirements:**

**Patient Preparation:** Fasting-overnight (12 hours)

**Collection Container/Tube:** Lavender top (EDTA)

**Submission Container/Tube:** Plastic vial

**Specimen Volume:** 1 mL

**Collection Instructions:**

1. Centrifuge and aliquot 1 mL of plasma into plastic vial.
2. Send specimen frozen.

**Forms:**

If not ordering electronically, complete, print, and send a [Cardiovascular Test Request Form](#) (T724) with the specimen.

Specimen Type	Temperature	Time	Special Container
Plasma EDTA	Frozen (preferred)	90 days	
	Ambient	7 days	
	Refrigerated	7 days	

**Supplemental Report:**

No

**CPT Code Information:**

82542

**Reference Values:**

> or =18 years: 63-137 ng/mL

Reference values have not been established for patients who are <18 years of age