

Reporting Title: Histamine, 24-Hour U**Performing Location** Quest Diagnostics Nichols Institute**Specimen Requirements:****Patient Preparation:** Avoid taking allergy causing drugs, antihistamines, oral corticosteroids, and substances which block H2 receptors for at least 24 hours prior to specimen collection. Avoid direct sunlight during the collection.**Specimen Type:** Urine**Submission Container/Tube:** Plastic, 10-mL tube (T068)**Specimen Volume:** 4 mL**Collection Instructions:** Submit only 1 of the following:

-Collect 24-hour urine with 10 mL 6N HCL. (Preferred)

-Collect 24-hour urine without preservative.

1. Collect urine for 24 hours, either with 10 mL 6N HCL preservative (preferred), or with no preservative.
2. Avoid direct sunlight during the 24-hour collection.
3. Send specimen refrigerated in the plastic, 10-mL urine tube (T068)
4. Collection volume and duration are required

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	14 days	
	Frozen	14 days	
	Ambient	48 hours	

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Type	Reportable
FH24U	Z3686	Total Volume	Plain Text	Yes

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC
Z3686	Total Volume	Alphanumeric		3167-4
Z3693	Histamine, 24 hr Urine	Alphanumeric		9410-2
Z3694	Creatinine, 24-Hour Urine	Alphanumeric		2162-6

LOINC and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

CPT Code Information:

83088

Reference Values:

Histamine, 24-hour Urine: 0.006 – 0.131 mg/24 h

Creatinine, 24-Hour Urine

Age (Years)	g/24 hours
3-8	0.11 - 0.68
9-12	0.17 - 1.41
13-17	0.29 - 1.87
Adults	0.63 - 2.50