

Reporting Title: Heavy Metal Scrn w/Reflex, 24 Hr, U

Performing Location Rochester

Specimen Requirements:

Patient Preparation:

1. High concentrations of gadolinium and iodine are known to interfere with most metals tests. If either gadolinium- or iodine-containing contrast media has been administered, a specimen should not be collected for 96 hours.
2. Patient should not eat seafood for a 48-hour period prior to start of, or during, collection.

Supplies: Urine Tubes, 10 mL (T068)

Collection Container/Tube: Clean, plastic aliquot container with no metal cap or glued insert

Submission Container/Tube: Plastic, 10-mL urine tube

Specimen Volume: 10 mL

Collection Instructions:

1. Collect urine for 24 hours.
2. Refrigerate specimen within 4 hours of completion of 24-hour collection.
3. See [Trace Metals Analysis Specimen Collection and Transport](#) in Special Instructions for complete instructions.

Additional Information: See [Urine Preservatives-Collection and Transportation for 24-Hour Urine Specimens](#) in Special Instructions for multiple collections.

Urine Preservative Collection Options:

Note: The addition of preservative or application of temperature controls **must occur within 4 hours of completion** of the collection.

Ambient	No
Refrigerate	Preferred
Frozen	OK
50% Acetic Acid	OK
Boric Acid	No
Diazolidinyl Urea	No
6M Hydrochloric Acid	OK
6M Nitric Acid	No
Sodium Carbonate	No
Thymol	No
Toluene	No

Specimen Type	Temperature	Time	Special Container
Urine	Refrigerated (preferred)	7 days	
	Frozen	7 days	

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Type	Reportable
CDHMU	TIME4	Collection Duration	Plain Text	Yes
CDHMU	VL16	Total Volume	Plain Text	Yes

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC
8678	Cadmium, 24 Hr, U	Numeric	mcg/24 h	5612-7
TIME4	Collection Duration	Alphanumeric		13362-9
VL16	Total Volume	Alphanumeric		3167-4
92215	Total Arsenic Concentration	Numeric	mcg/L	21074-0
48539	Arsenic, 24 Hr, U	Numeric	mcg/24 h	5587-1
92408	Mercury, 24 Hr, U	Numeric	mcg/24 h	6693-6
92409	Lead, 24 Hr, U	Numeric	mcg/24 h	5677-0

LOINC and CPT codes are provided by the performing laboratory.

Supplemental Report:

No

Components:

Test Id	Reporting Name	CPT Units	CPT Code	Always Performed	Available Separately
ASHU	Arsenic, 24 Hr, U	1	82175	Yes	Yes, (order ASU24)
CDHMU	Cadmium, 24 Hr, U	1	82300	Yes	Yes, (order CDU)
HGHU	Mercury, 24 Hr, U	1	83825	Yes	Yes, (order HGU)
PBHU	Lead, 24 Hr, U	1	83655	Yes	Yes, (order PBU)

CPT Code Information:

82175

82300

83825

83655

Reflex Tests:

Test Id	Reporting Name	CPT Units	CPT Code	Always Performed	Available Separately
SPASU	Arsenic Speciation, 24 Hr, U	1	82175	No	Yes

Result Codes for Reflex Tests:

Test ID	Result ID	Reporting Name	Type	Unit	LOINC
SPASU	609384	Inorganic Arsenic (Toxic)	Alphanumeric	mcg/L	41992-9
SPASU	609385	Methylated Arsenic (Toxic)	Alphanumeric	mcg/L	96252-2
SPASU	609386	Organic Arsenic (Non-Toxic)	Alphanumeric	mcg/L	43181-7
SPASU	609406	Toxic Arsenic Concentration	Alphanumeric	mcg/L	96251-4
SPASU	609387	Total Arsenic Concentration	Numeric	mcg/L	21074-0

Reference Values:

ARSENIC:

0-17 years: not established

> or =18 years: <35 mcg/24 hour

CADMIUM:

0-17 years: not established

> or =18 years: <0.7mcg/24 hour

MERCURY:

0-17 years: not established

> or =18 years: <2 mcg/24 hour

Toxic concentration: >50 mcg/24 hour

The concentration at which toxicity is expressed is widely variable between patients.

50 mcg/24 hour is the lowest concentration at which toxicity is usually apparent.

LEAD:

0-17 years: not established

> or =18 years: <2 mcg/24 hour