

## Overview

### Useful For

May aid in the classification of pituitary adenomas

### Testing Algorithm

For the initial technical component only immunohistochemical (IHC) stain performed, the appropriate bill-only test ID will be reflexed and charged (IHTOI). For each additional technical component only IHC stain performed, an additional bill-only test ID will be reflexed and charged (IHTOA).

### Reflex Tests

Test Id	Reporting Name	Available Separately	Always Performed
IHTOI	IHC Initial, Tech Only	No	No
IHTOA	IHC Additional, Tech Only	No	No

### Method Name

Immunohistochemistry (IHC)

### NY State Available

Yes

## Specimen

### Specimen Type

TECHONLY

### Ordering Guidance

This test includes only technical performance of the stain (no pathologist interpretation is performed). If diagnostic consultation by a pathologist is required order PATHC / Pathology Consultation.

### Shipping Instructions

Attach the green pathology address label and the pink Immunostain Technical Only label included in the kit to the outside of the transport container.

### Specimen Required

**Supplies:** Immunostain Technical Only Envelope (T693)

**Specimen Type:** Tissue

**Container/Tube:** [Immunostain Technical Only Envelope](#)

**Preferred:** 2 Unstained positively charged glass slide (25- x 75- x 1-mm) per test ordered; sections 4-microns thick.

**Acceptable:** Formalin-fixed, paraffin-embedded (FFPE) tissue block

### Digital Image Access

1. Information on accessing digital images of immunohistochemical (IHC) stains and the manual requisition form can be accessed through this website: [www.mayocliniclabs.com/test-info/ihc/index.html](http://www.mayocliniclabs.com/test-info/ihc/index.html)

2. Clients ordering stains using a manual requisition form will not have access to digital images.
3. Clients wishing to access digital images must place the order for IHC stains electronically. Information regarding digital imaging can be accessed through this website: [www.mayocliniclabs.com/test-info/ihc/faq.html](http://www.mayocliniclabs.com/test-info/ihc/faq.html)

**Forms**

If not ordering electronically, complete, print, and send a [Immunohistochemical \(IHC\)/In Situ Hybridization \(ISH\) Stains Request](#) (T763) with the specimen.

**Reject Due To**

Wet/frozen tissue                      Reject  
Cytology smears  
Nonformalin fixed tissue  
Nonparaffin embedded tissue  
Noncharged slides  
ProbeOn slides

**Specimen Stability Information**

Specimen Type	Temperature	Time	Special Container
TECHONLY	Ambient (preferred)		
	Refrigerated		

**Clinical & Interpretive****Clinical Information**

[Follicle stimulating hormone](#) (FSH) alpha subunit is a component common to all glycoprotein hormones produced by the anterior pituitary (luteinizing hormone [LH], thyroid-stimulating hormone [TSH], and FSH). Glycoprotein hormone-producing cells (approximately 30% of the total cell population) in normal pituitary stain in a cytoplasmic pattern. Immunohistochemical detection of alpha-FSH may be useful in the classification of pituitary adenomas.

**Interpretation**

This test does not include pathologist interpretation, only technical performance of the stain. If interpretation is required, order PATHC / Pathology Consultation for a full diagnostic evaluation or second opinion of the case.

The positive and negative controls are verified as showing appropriate immunoreactivity and documentation is retained at Mayo Clinic Rochester. If a control tissue is not included on the slide, a scanned image of the relevant quality control tissue is available upon request, call 855-516-8404.

Interpretation of this test should be performed in the context of the patient's clinical history and other diagnostic tests by a qualified pathologist.

**Cautions**

Age of a cut paraffin section can affect immunoreactivity. Stability thresholds vary widely among published literature and are antigen dependent. Best practice is for paraffin sections to be cut within 6 weeks.

**Clinical Reference**

1. Hamid Z, Mrak RE, Ijaz MT, Faas FH: Sensitivity and specificity of immunohistochemistry in pituitary adenomas. *The Endocrinologist*. 2009;19(1):38-43
2. Osamura RY, Kajiya H, Takei M, et al: Pathology of the human pituitary adenomas. *Histochem Cell Biol*. 2008;130(3):495-507
3. Osamura RY, Watanabe K: Immunohistochemical studies of human FSH producing pituitary adenomas. *Virchows Archiv A*. 1988;413(1):61-68
4. Pawlikowski M, Pisarek H, Kubiak R, Jaranowska M, Stepień H: Immunohistochemical detection of FSH receptors in pituitary adenomas and adrenal tumors. *Folia Histochem Cytobiol*. 2012;50(3):325-330

## Performance

### Method Description

Immunohistochemistry on sections of paraffin-embedded tissue.(Cartun RW, Taylor CR, Dabbs DJ: Techniques of immunohistochemistry: Principles, pitfalls, and standardization. In: Dabbs DJ, ed. *Diagnostic Immunohistochemistry*. 5th ed. Elsevier; 2019:1-46)

### PDF Report

No

### Specimen Retention Time

Until staining is complete.

### Performing Laboratory Location

Rochester

## Fees & Codes

### Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

### CPT Code Information

88342-TC, primary

88341-TC, if additional IHC