

## Overview

### Useful For

Identification of alpha synuclein in neurodegenerative disorders

### Testing Algorithm

For the initial technical component only immunohistochemical (IHC) stain performed, the appropriate bill-only test ID will be reflexed and charged (IHTOI). For each additional technical component only IHC stain performed, an additional bill-only test ID will be reflexed and charged (IHTOA).

### Reflex Tests

Test Id	Reporting Name	Available Separately	Always Performed
IHTOI	IHC Initial, Tech Only	No	No
IHTOA	IHC Additional, Tech Only	No	No

### Method Name

Immunohistochemistry

### NY State Available

Yes

## Specimen

### Specimen Type

TECHONLY

### Ordering Guidance

This test includes only technical performance of the stain (no pathologist interpretation is performed). If diagnostic consultation by a pathologist is required order PATHC / Pathology Consultation.

### Shipping Instructions

Attach the green pathology address label and the pink Immunostain Technical Only label included in the kit to the outside of the transport container.

### Specimen Required

**Supplies:** Immunostain Technical Only Envelope (T693)

**Specimen Type:** Tissue

**Preferred:** 2 Unstained positively charged glass slide (25- x 75- x 1-mm) per test ordered; sections 4-microns thick.

**Acceptable:** Formalin-fixed, paraffin-embedded (FFPE) tissue block

### Digital Image Access

- Information on accessing digital images of immunohistochemical (IHC) stains and the manual requisition form can be accessed through this website: [www.mayocliniclabs.com/test-info/ihc/index.html](http://www.mayocliniclabs.com/test-info/ihc/index.html)
- Clients ordering stains using a manual requisition form will not have access to digital images.

3. Clients wishing to access digital images must place the order for IHC stains electronically. Information regarding digital imaging can be accessed through this website: [www.mayocliniclabs.com/test-info/ihc/faq.html](http://www.mayocliniclabs.com/test-info/ihc/faq.html)

## Forms

If not ordering electronically, complete, print, and send a [Immunohistochemical \(IHC\)/In Situ Hybridization \(ISH\) Stains Request](#) (T763) with the specimen.

## Reject Due To

Tissue/Other    Wet/frozen tissue slides ProbeOn slides  
Cytology smears Nonformalin fixed tissue Nonparaffin embedded tissue Noncharged

## Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
TECHONLY	Ambient (preferred)		
	Refrigerated		

## Clinical & Interpretive

### Clinical Information

Alpha synuclein is a member of a family of cytoplasmic proteins found predominantly in the presynaptic nerve terminal of the brain. Synucleins are thought to be involved in neuronal plasticity, synaptic function, and neurodegenerative disease. Alpha-synuclein is abundant in Lewy bodies in sporadic Parkinson disease and dementia with Lewy bodies. It is a major component of amyloid plaques in Alzheimer disease.

### Interpretation

This test includes only technical performance of the stain (no pathologist interpretation is performed). Mayo Clinic cannot provide an interpretation of tech only stains outside the context of a pathology consultation. If an interpretation is needed, refer to PATHC / Pathology Consultation for a full diagnostic evaluation or second opinion of the case. All material associated with the case is required. Additional specific stains may be requested as part of the pathology consultation, and will be performed as necessary at the discretion of the Mayo pathologist.

The positive and negative controls are verified as showing appropriate immunoreactivity and documentation is retained at Mayo Clinic Rochester. If a control tissue is not included on the slide, a scanned image of the relevant quality control tissue is available upon request. Contact 855-516-8404.

Interpretation of this test should be performed in the context of the patient's clinical history and other diagnostic tests by a qualified pathologist.

### Cautions

Age of a cut paraffin section can affect immunoreactivity. Stability thresholds vary widely among published literature and are antigen-dependent. Best practice is for paraffin sections to be cut within 6 weeks.

### Clinical Reference

- [Jellinger KA: Formation and development of Lewy pathology: a critical update. J Neurol 2009 Aug;256 Suppl 3:270-279](#)
- Kotzbauer PT, Trojanowsk JQ, Lee VM: Lewy body pathology in Alzheimer's disease. J Mol Neurosci 2001

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3. Spillantini MG, Goedert M: The alpha-synucleinopathies: Parkinson's disease, dementia with Lewy bodies, and multiple system atrophy. *Y Acad Sci* 2000;920:16-27

4. Baba M, Nakajo S, Tu PH, et al: Aggregation of alpha-synuclein in Lewy bodies of sporadic Parkinson's disease and dementia with Lewy bodies. *Am J Pathol* 1998 (152):879-884

5. McKeith IG, Galasko D, Kosaka K, et al: Consensus guidelines for the clinical and pathologic diagnosis of dementia with Lewy bodies (DLB): report of the consortium on DLB international workshop. *Neurology* 1996 Nov;47(5):1113-1124

## Performance

### Method Description

Immunohistochemistry on sections of paraffin-embedded tissue.(Cartun RW, Taylor CR, Dabbs DJ: Techniques of immunohistochemistry: Principles, pitfalls, and standardization. In: Dabbs DJ, ed. *Diagnostic Immunohistochemistry*. 5th ed. Elsevier; 2019:1-46)

### PDF Report

No

### Specimen Retention Time

Until staining is complete.

### Performing Laboratory Location

Rochester

## Fees & Codes

### Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

### CPT Code Information

88342-TC, primary

88341-TC, if additional IHC