

## Overview

### Useful For

Identification of T helper cells, histiocytes, and monocytes

### Testing Algorithm

[For the initial technical component only immunohistochemical \(IHC\) stain performed, the appropriate bill-only test ID will be reflexed and charged \(IHTOI\). For each additional technical component only IHC stain performed, an additional bill-only test ID will be reflexed and charged \(IHTOA\).](#)

### Reflex Tests

Test Id	Reporting Name	Available Separately	Always Performed
IHTOI	IHC Initial, Tech Only	No	No
IHTOA	IHC Additional, Tech Only	No	No

### Method Name

Immunohistochemistry

### NY State Available

Yes

## Specimen

### Specimen Type

TECHONLY

### Ordering Guidance

This test includes only technical performance of the stain (no pathologist interpretation is performed). If diagnostic consultation by a pathologist is required order PATHC / Pathology Consultation.

### Shipping Instructions

Attach the green pathology address label and the pink Immunostain Technical Only label included in the kit to the outside of the transport container.

### Specimen Required

**Supplies:** Immunostain Technical Only Envelope (T693)

**Specimen Type:** Tissue

**Container/Tube:** Immunostain Technical Only Envelope

**Preferred:** 2 Unstained positively charged glass slide (25- x 75- x 1-mm) per test ordered; sections 4-microns thick

**Acceptable:** Formalin-fixed, paraffin-embedded (FFPE) tissue block

### Digital Image Access

1. Information on accessing digital images of immunohistochemical (IHC) stains and the manual requisition form can be accessed through this website: [www.mayocliniclabs.com/test-info/ihc/index.html](http://www.mayocliniclabs.com/test-info/ihc/index.html)

2. Clients ordering stains using a manual requisition form will not have access to digital images.
3. Clients wishing to access digital images must place the order for IHC stains electronically. Information regarding digital imaging can be accessed through this website: [www.mayocliniclabs.com/test-info/ihc/faq.html](http://www.mayocliniclabs.com/test-info/ihc/faq.html)

## Forms

If not ordering electronically, complete, print, and send a [Immunohistochemical \(IHC\)/In Situ Hybridization \(ISH\) Stains Request](#) (T763) with the specimen.

## Reject Due To

Wet/frozen tissue; Cytology smears; Nonformalin fixed tissue; Nonparaffin embedded tissue; Noncharged slides; ProbeOn slides Reject

## Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
TECHONLY	Ambient (preferred)		
	Refrigerated		

## Clinical & Interpretive

### Clinical Information

CD4 (cluster of differentiation 4) is expressed on a subset of T cells (T helper cells), histiocytes, and monocytes. In normal tonsil, the T cells predominate in interfollicular regions. This immunostain is also used to support T cell or histiocytic lineage in hematolymphoid neoplasms.

### Interpretation

This test does not include pathologist interpretation; only technical performance of the stain. If interpretation is required order PATHC / Pathology Consultation for a full diagnostic evaluation or second opinion of the case. The positive and negative controls are verified as showing appropriate immunoreactivity and documentation is retained at Mayo Clinic Rochester. If a control tissue is not included on the slide, a scanned image of the relevant quality control tissue is available upon request. Contact 855-516-8404. Interpretation of this test should be performed in the context of the patient's clinical history and other diagnostic tests by a qualified pathologist.

### Cautions

Age of a cut paraffin section can affect immunoreactivity. Stability thresholds vary widely among published literature and are antigen-dependent. Best practice is for paraffin sections to be cut within 6 weeks.

### Clinical Reference

1. Kristensen LK, Frohlich C, Christensen C, et al: CD4(+) and CD8a (+) PET imaging predicts response to novel PD-1 checkpoint inhibitor: studies of Sym021 in syngeneic mouse cancer models. *Theranostics*. 2019 Oct 18;9(26):8221-8238. doi: 10.7150/thno.37513
2. Prat A, Navarro A, Pare L, et al: Immune-related gene expression profiling after PD-1 blockade in non-small cell lung carcinoma, head and neck squamous cell carcinoma, and melanoma. *Cancer Res*. 2017 Jul 1;77(13):3540-3550. doi: 10.1158/0008-5472.CAN-16-3556
3. Sharma A, Subudhi SK, Blando J, et al: Anti-CTLA-4 immunotherapy does not deplete FOXP3(+)regulatory T cells

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(Tregs) in human cancers. Clin Cancer Res. 2019 Feb 15;25(4):1233-1238. doi: 10.1158/1078-0432.CCR-18-0762

## Performance

### Method Description

Immunohistochemistry on sections of paraffin-embedded tissue.(Cartun RW, Taylor CR, Dabbs DJ: Techniques of immunohistochemistry: Principles, pitfalls, and standardization. In: Dabbs DJ ed. Diagnostic Immunohistochemistry. 5th ed. Elsevier; 2019:1-46)

### PDF Report

No

### Specimen Retention Time

Until staining is complete.

### Performing Laboratory Location

Rochester

## Fees & Codes

### Test Classification

This test has been cleared, approved, or is exempt by the US Food and Drug Administration and is used per manufacturer's instructions. Performance characteristics were verified by Mayo Clinic in a manner consistent with CLIA requirements.

### CPT Code Information

88342-TC, primary

88341-TC, if additional IHC