

---

## Overview

### Useful For

Diagnosing nondeletional alpha thalassemia

Testing for nondeletional alpha thalassemia in a symptomatic individual

Follow-up testing to an abnormal hemoglobin electrophoresis that identified an alpha-globin chain variant

### Genetics Test Information

A hemoglobin electrophoresis evaluation (HBEL1 / Hemoglobin Electrophoresis Evaluation, Blood) is always indicated prior to alpha-globin gene sequencing because these conditions can be complex and protein data allows accurate and rapid classification of the patient phenotype.

Not the preferred first-tier molecular test for carrier screening or diagnosis of alpha thalassemia. This test is used to identify nondeletional alpha-thalassemia variants when there is a strong clinical suspicion and ATHAL / Alpha-Globin Gene Analysis, Varies, is negative. This test can also identify alpha-globin variants that can result in variable phenotypes, such as erythrocytosis, chronic hemolytic anemia, and many that are clinically benign.

### Special Instructions

- [Thalassemia/Hemoglobinopathy Patient Information](#)
- [Informed Consent for Genetic Testing](#)
- [Metabolic Hematology Patient Information](#)
- [Informed Consent for Genetic Testing \(Spanish\)](#)

### Highlights

This test is a second-tier test in the evaluation of alpha-thalassemia carrier determination, hemoglobin H disease confirmation, and alpha-globin variant identification.

### Method Name

Polymerase Chain Reaction (PCR)/ Sanger Sequencing

### NY State Available

Yes

---

## Specimen

### Specimen Type

Varies

### Ordering Guidance

---

For first-tier testing for alpha thalassemia detection, order THEV1 / Thalassemia and Hemoglobinopathy Evaluation, Serum and Whole Blood.

For first-tier testing for an alpha-globin variant, order HBEL1 / Hemoglobin Electrophoresis Evaluation, Blood.

If genetic testing is desired, the first-tier genetic test assesses large deletional alpha-thalassemia alterations. Order ATHAL / Alpha-Globin Gene Analysis, Varies.

**Necessary Information**

1. **Patient's age is required.**
2. Include recent transfusion information.

**Specimen Required**

Submit only 1 of the following specimens:

**Specimen Type:** Whole blood

**Container/Tube:**

**Preferred:** Lavender top (EDTA)

**Acceptable:** Yellow top (ACD), green top (sodium heparin)

**Specimen Volume:** 4 mL

**Collection Instructions:**

1. Invert several times to mix blood.
2. Send whole blood specimen in the original tube. **Do not aliquot**

**Specimen Stability Information:** Refrigerate 30 days(preferred)/Ambient 14 days

**Specimen Type:** Extracted DNA from whole blood

**Container/Tube:** 1.5- to 2-mL tube

**Specimen Volume:** Entire specimen

**Collection Instructions:**

1. Label specimen as extracted DNA and source of specimen
2. Provide volume and concentration of the DNA

**Specimen Stability Information:** Frozen (preferred)/Refrigerate/Ambient

**Forms**

1. **New York Clients-Informed consent is required.** Document on the request form or electronic order that a copy is on file. The following documents are available in Special Instructions:

-[Informed Consent for Genetic Testing](#) (T576)

-[Informed Consent for Genetic Testing-Spanish](#) (T826)

2. [Metabolic Hematology Patient Information](#) (T810)

3. If not ordering electronically, complete, print, and send [Benign Hematology Test Request Form](#) (T755) with the specimen

**Specimen Minimum Volume**

Blood: 1 mL

Extracted DNA: 50 mcL at 50 ng/mcL concentration

## Reject Due To

Gross hemolysis	OK
Moderately to severely clotted	Reject

## Specimen Stability Information

Specimen Type	Temperature	Time	Special Container
Varies	Varies (preferred)	0 hours	

## Clinical & Interpretive

### Clinical Information

Alpha-globin gene sequencing detects alpha-globin variants and nondeletional alpha-thalassemia variants.

Alpha thalassemia is the most common monogenic condition in the world. It is estimated that up to 5% of the world's population carries at least one alpha-thalassemia variant and, in the United States, approximately 30% of African Americans are thought to carry an alpha-thalassemia variant. Alpha-thalassemia variations are most common in individuals of Southeastern Asian, African, Mediterranean, Indian, and Middle Eastern descent, but they can be found in persons from any ethnic group.

Four alpha-globin genes are normally present, 2 copies on each chromosome 16. Alpha-thalassemia variants result in decreased alpha-globin chain production. In general, alpha thalassemia is characterized by hypochromic, microcytic anemia and varies clinically from asymptomatic (alpha-thalassemia silent carrier and alpha-thalassemia trait) to lethal hemolytic anemia (hemoglobin [Hb] Barts hydrops fetalis).

Large deletions of the alpha-globin genes account for approximately 90% of alpha-thalassemia alterations, and these variations will not be detected by alpha-globin gene sequencing. Other variants, such as point alterations or small deletions within the alpha-globin genes, account for most of the remaining 10% of alpha-thalassemia variations. These nondeletional subtypes can be detected by alpha-globin gene sequencing. The most common nondeletional alpha-thalassemia variant is Hb Constant Spring.

The majority of alpha-globin chain variants are clinically and hematologically benign however, some cause erythrocytosis and chronic hemolytic anemia. Hemoglobin electrophoresis may not be able to confirm their identity. In these instances, alpha-globin gene sequencing can be useful.

### Reference Values

An interpretive report will be provided.

### Interpretation

An interpretive report will be provided.

### Cautions

[This assay will not detect large deletions or duplications within the alpha-globin genes. Therefore, test results should be](#)

---

[interpreted in the context of hemoglobin electrophoresis, clinical findings, family history, and other laboratory data. Misinterpretation of results may occur if the information provided is inaccurate or incomplete.](#)

Rare genetic alterations (ie, polymorphisms) exist that could lead to false-negative or false-positive results. If results obtained do not match the clinical findings, additional testing should be considered.

**Clinical Reference**

1. Hartevelde CL, Higgs DR: Alpha-thalassemia. *Orphanet J Rare Dis.* 2010;5:13
2. Hoyer JD, Hoffman DR: The Thalassemia and hemoglobinopathy syndromes. In: McClatchey, KD, ed. *Clinical Laboratory Medicine.* 2nd ed. Lippincott Williams and Wilkins. 2002;866-895
3. Farashi S, Hartevelde CL: Molecular basis of  $\alpha$ -thalassemia. *Blood Cells Mol Dis.* 2018 May;70:43-53. doi: 10.1016/j.bcmd.2017.09.004
4. Henderson SJ, Timbs AT, McCarthy J, et al: Ten years of routine  $\alpha$ - and  $\beta$ -globin gene sequencing in UK hemoglobinopathy referrals reveals 60 novel mutations. *Hemoglobin.* 2016;40(2):75-84. doi: 10.3109/03630269.2015.1113990

**Performance****Method Description**

Genomic DNA is extracted from whole blood. The *HBA1* and *HBA2* genes are amplified by polymerase chain reaction (PCR). The PCR product is then purified and sequenced in both directions using fluorescent dye-terminator chemistry. Sequencing products are separated on an automated sequencer, and the trace files analyzed for variations in all exons, introns, and the polyadenylation site. Results are correlated with routine studies to identify unusual alpha globin variants. (Reddy PL, Bowie LJ: Sequence-based diagnosis of hemoglobinopathies in the clinical laboratory. *Clin Lab Med.* 1997;17[1]:85-96; Traeger-Synodinos J, Hartevelde CL: Advances in technologies for screening and diagnosis of hemoglobinopathies. *Biomarkers Med.* 2014;8[1]:119-131)

**PDF Report**

No

**Day(s) Performed**

Monday through Friday

**Report Available**

10 days

**Specimen Retention Time**

Whole blood: 2 weeks: DNA: 3 months

**Performing Laboratory Location**

Rochester

---

**Fees & Codes****Fees**

- Authorized users can sign in to [Test Prices](#) for detailed fee information.
- Clients without access to Test Prices can contact [Customer Service](#) 24 hours a day, seven days a week.
- Prospective clients should contact their Regional Manager. For assistance, contact [Customer Service](#).

**Test Classification**

This test was developed, and its performance characteristics determined by Mayo Clinic in a manner consistent with CLIA requirements. This test has not been cleared or approved by the US Food and Drug Administration.

**CPT Code Information**

81259-HBA1/HBA2; full sequence

**LOINC® Information**

Test ID	Test Order Name	Order LOINC® Value
WASEQ	Alpha Globin Gene Sequencing, B	87730-8

Result ID	Test Result Name	Result LOINC® Value
43921	Interpretation	69047-9
61362	Alpha Globin Gene Sequencing, B	87730-8