



Time of collection is best immediately upon arising in the morning.

- Do **not** shower or bathe, have a bowel movement, wipe or clean the rectal area, or apply ointment to the skin in the rectal area until after collection of the specimen.
- Hold the paddle by the cap and remove it from the tube.
- Using gentle pressure, press the sticky side of the pinworm collection device against the skin around the rectum 3 or 4 times.
- Insert the pinworm collection device into its protective tube and tighten the lid.
- Keep at room temperature.